

GOLDMAN STEVEN J
 Form 4
 December 19, 2005

FORM 4

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549**

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
GOLDMAN STEVEN J

2. Issuer Name and Ticker or Trading Symbol
POWER ONE INC [PWER]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)
740 CALLE PLANO
 (Street)

3. Date of Earliest Transaction (Month/Day/Year)
12/16/2005

Director 10% Owner
 Officer (give title below) Other (specify below)
Chairman, CEO

CAMARILLO, CA 93012

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

| 1. Title of Security (Instr. 3) | 2. Transaction Date (Month/Day/Year) | 2A. Deemed Execution Date, if any (Month/Day/Year) | 3. Transaction Code (Instr. 8) | 4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) | 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4) | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of Ownership (Instr. 4) |
|---------------------------------|--------------------------------------|--|--------------------------------|---|---|--|-----------------------------------|
| | | | | Code V | Amount or Price (D) | | |
| Common Stock | 12/16/2005 | | | S | 16 | D | |
| | | | | | \$ 6.67 | | 3,016,150 |
| Common Stock | 12/16/2005 | | | S | 2,700 | D | |
| | | | | | \$ 6.68 | | 3,013,450 |
| Common Stock | 12/16/2005 | | | S | 7,856 | D | |
| | | | | | \$ 6.69 | | 3,005,594 |
| Common Stock | 12/16/2005 | | | S | 8,084 | D | |
| | | | | | \$ 6.7 | | 2,997,510 |
| Common Stock | 12/16/2005 | | | S | 8,500 | D | |
| | | | | | \$ 6.71 | | 2,989,010 |

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| | | | | | | | |
|--------------|------------|---|--------|---|---------|-----------|---|
| Common Stock | 12/16/2005 | S | 2,500 | D | \$ 6.72 | 2,986,510 | D |
| Common Stock | 12/16/2005 | S | 3,100 | D | \$ 6.73 | 2,983,410 | D |
| Common Stock | 12/16/2005 | S | 10,144 | D | \$ 6.74 | 2,973,266 | D |
| Common Stock | 12/16/2005 | S | 22,301 | D | \$ 6.75 | 2,950,965 | D |
| Common Stock | 12/16/2005 | S | 18,500 | D | \$ 6.76 | 2,932,465 | D |
| Common Stock | 12/16/2005 | S | 7,674 | D | \$ 6.77 | 2,924,791 | D |
| Common Stock | 12/16/2005 | S | 4,144 | D | \$ 6.78 | 2,920,647 | D |
| Common Stock | 12/16/2005 | S | 20,088 | D | \$ 6.8 | 2,900,559 | D |
| Common Stock | 12/16/2005 | S | 4,530 | D | \$ 6.81 | 2,896,029 | D |
| Common Stock | 12/16/2005 | S | 500 | D | \$ 6.82 | 2,895,529 | D |
| Common Stock | 12/16/2005 | S | 2,900 | D | \$ 6.85 | 2,892,629 | D |
| Common Stock | 12/16/2005 | S | 1,800 | D | \$ 6.86 | 2,890,829 | D |
| Common Stock | 12/16/2005 | S | 100 | D | \$ 6.95 | 2,890,729 | D |
| Common Stock | 12/16/2005 | S | 1,100 | D | \$ 6.96 | 2,889,629 | D |
| Common Stock | 12/16/2005 | S | 1,300 | D | \$ 6.97 | 2,888,329 | D |
| Common Stock | 12/16/2005 | S | 2,763 | D | \$ 6.99 | 2,885,566 | D |

| | | | | | | | | |
|--------------|--|--|--|--|--|--------|---|-------------------------------------|
| Common Stock | | | | | | 25,309 | I | By Shares Held via Ltd. Liab. Corp. |
|--------------|--|--|--|--|--|--------|---|-------------------------------------|

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | 4. Transaction Code (Instr. 8) | 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) | 6. Date Exercisable and Expiration Date (Month/Day/Year) | 7. Title and Amount of Underlying Securities (Instr. 3 and 4) | 8. Price of Derivative Security (Instr. 5) | 9. Nu... Deriv... Secur... Bene... Own... Follo... Repo... Trans... (Instr... |
|--|--|--------------------------------------|--|--------------------------------|---|--|---|--|---|
| | | | | Code | V | (A) | (D) | Amount or Number of Shares | |

Reporting Owners

| Reporting Owner Name / Address | Relationships | | | |
|--|---------------|-----------|---------------|-------|
| | Director | 10% Owner | Officer | Other |
| GOLDMAN STEVEN J 740 CALLE PLANO CAMARILLO, CA 93012 | X | | Chairman, CEO | |

Signatures

By: Randall H. Holliday, 12/19/2005
Attorney-in-Fact for

Signature of Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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