NATIONAL HEALTHCARE CORP

Form 4

(LFLP)

November 04, 2015

FORM 4 INITED STATES SECUDITIES AND EXCHANCE COMMISSION					OMB APPROVAL			
	UNITEDS	GE COMMISSION	OMB Number:	3235-0287				
Check this					Expires:	January 31,		
if no longer subject to Section 16. Form 4 or	SIAIEMI	ENT OF CHAN	F CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES			Estimated average burden hours per response 0.5		
Form 5 obligations may continu <i>See</i> Instruct 1(b).	ue. Section 17(a)	of the Public Uti	(a) of the Securities Exc edity Holding Company A estment Company Act o	act of 1935 or Sectio	·			
(Print or Type Res	sponses)							
1. Name and Address of Reporting Person [*] 2. Issuer LAROCHE RICHARD F JR Symbol			Name and Ticker or Trading	Issuer				
		NATION [NHC]	NAL HEALTHCARE CO	ORP (Chec	(Check all applicable)			
(Last)	` '	(Month/Da	•	X Director Officer (give below)		Owner er (specify		
2103 SHANN	ON DRIVE	11/03/20	015	0010 117	001011)			
	(Street)		dment, Date Original h/Day/Year)	Applicable Line) _X_ Form filed by 0	_X_ Form filed by One Reporting Person			
	BORO, TN 3712			Form filed by N Person	More than One Re	eporting		
(City)	(State) (Z	Zip) Table	I - Non-Derivative Securitie	es Acquired, Disposed of	f, or Beneficial	ly Owned		
1.Title of Security (Instr. 3)	2. Transaction Dat (Month/Day/Year)		ution Date, if TransactionAcquired (A) or Code Disposed of (D)		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)			
			(A) or Code V Amount (D)	Reported Transaction(s) (Instr. 3 and 4)				
Common Stock, Family LP (BFLP)				29,523	I	General Partner		
Common Stock - Fam. Partnership (LR Ent.)				31,698	D			
Common Stock - Fam. Partnership				96,000	I	General Partner		

Common Stock - Held in my name or my wife's name

172,220 D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. Number onDerivative Securities (A) or Disp (D) (Instr. 3, 4,	Acquired posed of	6. Date Exerci Expiration Dat (Month/Day/Y	e	7. Title and Ar Underlying Se (Instr. 3 and 4)
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title [
Option to Purchase Common Stock	\$ 45.8						05/09/2011	05/08/2016	Common Stock
Option to Purchase Common Stock	\$ 44.8						05/03/2012	05/02/2017	Common Stock
Option to Purchase Common Stock	\$ 47.45						05/08/2013	05/07/2018	Common Stock
Option to Purchase Common Stock	\$ 52.93						05/08/2014	05/07/2019	Common Stock
Option to Purchase Common Stock	\$ 61.25						05/07/2015	05/06/2020	Common Stock
Shares of Series A Conv.	\$ 0	08/06/2015		W V	2,630 (1)		11/01/2007	11/03/2015	Common Stock

Prefered Stock - (LR Ent.)				
Shares of Series A Conv. Prefered Stock - (LR Ent.)	(3)	11/03/2015	J	378,232 11/01/2007 11/03/2015 Common Stock
Shares of Series A Conv. Prefered Stock - (BFLP)	(3)	11/03/2015	J	96,534 11/01/2007 11/03/2015 Common Stock
Shares of Series A Conv. Prefered Stock - (LFLP)	(3)	11/03/2015	J	425 (2) 11/01/2007 11/03/2015 Common Stock
Shares of Series A Conv. Prefered Stock - Family Foundation	(3)	11/03/2015	J	8,500 (2) 11/01/2007 11/03/2015 Common Stock

Reporting Owners

Reporting Owner Name / Address	Relationships				
r g	Director	10% Owner	Officer	Other	
LAROCHE RICHARD F JR	X				
2103 SHANNON DRIVE MURFREESBORO, TN 37129	Λ				
Cianaturas					

Signatures

Person

/s/ Richard F.
LaRoche, Jr.

**Signature of Reporting Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Reporting Owners 3

- (1) This inheritance (Exempt from Section 16(b) by virtue of Rule 16b-5) is voluntarily reported early.
- (2) The reported securities were called for redemption by the issuer at a price equal to \$15.79 per share.
- (3) Convertable anytime at a ratio of 0.24204 common shares per 1.0 preferred share

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.