Person(s) to Issuer

____ Director _X__ Officer

(Check all applicable)

(give title below) (specify below)

EVP/Community Banking

SEC 1473 (7-02)

10% Owner

Other

Filed(Month/Day/Year)

6. Individual or Joint/Group

Filing(Check Applicable Line)

Person

Reporting Person

X Form filed by One Reporting

Form filed by More than One

ONE SW COLUMBIA STREET, SUITE 1200

(Street)

PORTLAND, ORÂ 97258

(City)	(State)	(Zip)	Table I - Non-Derivat	tive Securiti	ies Beneficially Owned
1.Title of Secur (Instr. 4)	rity		2. Amount of Securities Beneficially Owned (Instr. 4)	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	4. Nature of Indirect Beneficial Ownership (Instr. 5)
Common Ste	ock		5,271 <u>(1)</u>	D	Â
Common Ste	ock		415 <u>(2)</u>	Ι	by 401(k)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security	2. Date Exercisable and	3. Title and Amount of	4.	5.	6. Nature of
(Instr. 4)	Expiration Date	Securities Underlying	Conversion	Ownership	Indirect Beneficial
	(Month/Day/Year)	Derivative Security	or Exercise	Form of	Ownership
		(Instr. 4)	Price of	Derivative	(Instr. 5)

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	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	Derivative Security	Security: Direct (D) or Indirect (I) (Instr. 5)	
Non-Qualified Stock Option (right to buy)	02/02/2010 <u>(3)</u>	02/01/2019	Common Stock	15,000	\$ 9.23	D	Â
Non-Qualified Stock Option (right to buy)	07/21/2009(4)	07/20/2018	Common Stock	10,000	\$ 11.59	D	Â
Non-Qualified Stock Option (right to buy)	01/28/2009(5)	01/27/2018	Common Stock	20,000	\$ 15.5	D	Â
Non-Qualified Stock Option (right to buy)	12/02/2003 <u>(6)</u>	12/02/2012	Common Stock	5,000	\$ 17.45	D	Â
Non-Qualified Stock Option (right to buy)	01/21/2006(7)	01/21/2015	Common Stock	20,000	\$ 23.49	D	Â

Reporting Owners

Reporting Owner Name / Address	Relationships				
	Director	10% Owner	Officer	Other	
Carey Richard M ONE SW COLUMBIA STREET, SUITE 1200 PORTLAND, OR 97258	Â	Â	EVP/Community Banking	Â	

Signatures

By: Steven L. Philpott, Attorney in Fact For: Richard M. Carey	04/20/2009	
**Signature of Reporting Person	Date	

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 5(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) A portion of the Direct Ownership includes Restricted Stock Awards granted pursuant to the 2003 Stock Incentive Plan.
- (2) Holdings reported include shares acquired in the 401(k)/Profit Sharing plan through dividend reinvestment, payroll deferrals and/or employer contributions.
- (3) Option granted 2/2/09. Beginning on the first anniversary of the grant date, the options vest 20% per year for five years.
- (4) Option granted 7/21/08. Beginning on the first anniversary of the grant date, the options vest 20% per year for five years.
- (5) Option granted 1/28/08. Beginning on the first anniversary of the grant date, the options vest 20% per year for five years.
- (6) All options are fully vested.
- (7) Option granted 1/21/05. Beginning on the day before the first anniversary of the grant date, the options vest 20% per year for five years.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *See* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.