

Brust Bernd
Form 4
November 24, 2009

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
Brust Bernd

2. Issuer Name and Ticker or Trading Symbol
Life Technologies Corp [LIFE]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)
5791 VAN ALLEN WAY
(Street)

3. Date of Earliest Transaction (Month/Day/Year)
11/23/2009

____ Director _____ 10% Owner
 Officer (give title below) _____ Other (specify below)
Pres, Commercial Operations

CARLSBAD, CA 92008

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount or Price		
Common Stock <u>(1)</u>	11/23/2009	11/23/2009	M		31,208 A \$ 22.23	45,896	D
Common Stock <u>(2)</u>	11/23/2009	11/23/2009	S		100 D \$ 49.49	45,796	D
Common Stock <u>(2)</u>	11/23/2009	11/23/2009	S		400 D \$ 49.5	45,396	D
Common Stock <u>(2)</u>	11/23/2009	11/23/2009	S		496 D \$ 49.51	44,900	D
Common Stock <u>(2)</u>	11/23/2009	11/23/2009	S		404 D \$ 49.52	44,496	D

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Common Stock <u>(2)</u>	11/23/2009	11/23/2009	S	900	D	\$ 49.53	43,596	D
Common Stock <u>(2)</u>	11/23/2009	11/23/2009	S	100	D	\$ 49.54	43,496	D
Common Stock <u>(2)</u>	11/23/2009	11/23/2009	S	600	D	\$ 49.55	42,896	D
Common Stock <u>(2)</u>	11/23/2009	11/23/2009	S	183	D	\$ 49.56	42,713	D
Common Stock <u>(2)</u>	11/23/2009	11/23/2009	S	617	D	\$ 49.57	42,096	D
Common Stock <u>(2)</u>	11/23/2009	11/23/2009	S	100	D	\$ 49.58	41,996	D
Common Stock <u>(2)</u>	11/23/2009	11/23/2009	S	399	D	\$ 49.6	41,597	D
Common Stock <u>(2)</u>	11/23/2009	11/23/2009	S	300	D	\$ 49.61	41,297	D
Common Stock <u>(2)</u>	11/23/2009	11/23/2009	S	110	D	\$ 49.62	41,187	D
Common Stock <u>(2)</u>	11/23/2009	11/23/2009	S	600	D	\$ 49.63	40,587	D
Common Stock <u>(2)</u>	11/23/2009	11/23/2009	S	227	D	\$ 49.64	40,360	D
Common Stock <u>(2)</u>	11/23/2009	11/23/2009	S	480	D	\$ 49.65	39,880	D
Common Stock <u>(2)</u>	11/23/2009	11/23/2009	S	500	D	\$ 49.66	39,380	D
Common Stock <u>(2)</u>	11/23/2009	11/23/2009	S	202	D	\$ 49.67	39,178	D
Common Stock <u>(2)</u>	11/23/2009	11/23/2009	S	100	D	\$ 49.7	39,078	D
Common Stock <u>(2)</u>	11/23/2009	11/23/2009	S	400	D	\$ 49.71	38,678	D
Common Stock <u>(2)</u>	11/23/2009	11/23/2009	S	193	D	\$ 49.72	38,485	D
Common Stock <u>(2)</u>	11/23/2009	11/23/2009	S	500	D	\$ 49.73	37,985	D
Common Stock <u>(2)</u>	11/23/2009	11/23/2009	S	100	D	\$ 49.74	37,885	D
Common Stock <u>(2)</u>	11/23/2009	11/23/2009	S	300	D	\$ 49.75	37,585	D
	11/23/2009	11/23/2009	S	240	D		37,345	D

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Common Stock ⁽²⁾						\$ 49.76		
Common Stock ⁽²⁾	11/23/2009	11/23/2009	S	670	D	\$ 49.77	36,675	D
Common Stock ⁽²⁾	11/23/2009	11/23/2009	S	565	D	\$ 49.78	36,110	D
Common Stock ⁽²⁾	11/23/2009	11/23/2009	S	235	D	\$ 49.79	35,875	D
Common Stock ⁽²⁾	11/23/2009	11/23/2009	S	197	D	\$ 49.81	35,678	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)		
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Options ^{(1) (3)}	\$ 22.23	11/23/2009	11/23/2009	M	31,208	11/21/2009	11/21/2018	Common Stock	31,208

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Brust Bernd 5791 VAN ALLEN WAY CARLSBAD, CA 92008			Pres, Commercial Operations	

Signatures

/s/ David
Szekeres, POA

11/24/2009

__Signature of Reporting
Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

- (1) Options exercised from Grant #F080749
- (2) This sale is being conducted pursuant to a 10b5-1 trading plan.
- (3) There are 17 additional common stock sales tied to this grant exercise listed on an additional Form 4

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.
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