Edgar Filing: TRIUMPH GROUP INC - Form 4

TRIUMPH G	ROUP INC										
Form 4											
April 24, 201	2										
FORM	1									PPROVAL	
	UNITE	D STATES			ND EX(, D.C. 205		IGE (COMMISSION	OMB Number:	3235-0287	
Check thi				_					Expires:	January 31,	
if no longer subject to STATEMENT OF CHAN				GES IN BENEFICIAL OW				NERSHIP OF		2005 average	
Section 16.				SECURITIES					Estimated average burden hours per		
Form 4 or						_			response	•	
Form 5 obligation	• • • • • • • •						•	e Act of 1934,			
may conti				•	•	• •		f 1935 or Sectio	n		
<i>See</i> Instru 1(b).	ction	30(n)	of the In	vestment	Compan	y Act	of 194	ŧU			
(Print or Type R	lesponses)										
FRISBY JEFFRY D Symbol				er Name and Ticker or Trading				5. Relationship of Reporting Person(s) to Issuer			
				f Earliest Transaction				(Check all applicable)			
(Last)	(1131)	(ivitadic)	(Month/D		ansaction			Director	10%	Owner	
				04/20/2012				X_ Officer (give title Other (specify below)			
	(Street)		4. If Amer	ndment, Da	ate Original			6. Individual or Jo	oint/Group Filir	1g(Check	
Filed(Mon				Month/Day/Year)				Applicable Line) _X_ Form filed by One Reporting Person			
BERWYN, I	PA 19312							Form filed by M Person	Iore than One Re	porting	
(City)	(State)	(Zip)	Table	e I - Non-I	Derivative S	Securit	ies Acq	uired, Disposed of	f, or Beneficial	ly Owned	
1.Title of		Transaction Date 2A. Deemed			3. 4. Securities Acquired				6. Ownership		
Security (Instr. 3)	(Month/Day/Ye	ear) Execution any	Execution Date, if		Transaction(A) or Disposed of Code (D)				Form: Direct (D) or	Indirect Beneficial	
(Month/Day		Day/Year)	× /		5)	Owned Following Reported Transaction(s)	Indirect (I) (Instr. 4)	Ownership (Instr. 4)			
				Code V	Amount	or (D)	Price	(Instr. 3 and 4)			
Common Stock (1)	04/20/2012			A	10,843	A	<u>(1)</u>	64,377	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3,	(Month/Day/Year) vative urities uired or oosed D)		Amou Unde Secur	le and unt of rlying ities . 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owne Follo Repo Trans (Instr
			Code V	4, and 5) (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

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Reporting Owners

Reporting Owner Name / Addre	ess	Relationships						
	Director	10% Owner	Officer	Other				
FRISBY JEFFRY D 899 CASSATT ROAD SUITE 210 BERWYN, PA 19312			President & COO					
Signatures								
Jeffry D. Frisby	04/24/2012							
<u>**</u> Signature of	Date							

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Represents a restricted stock award, made under the Company's 2004 Stock Incentive Plan, with three-year cliff vesting. One-third of the (1) award is subject to forfeiture if a designated performance goal is not achieved for the award period.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Person