SMITHFIEL Form 4	D FOODS INC									
January 30, 2	2008									
FORM	14								OMB AF	PROVAL
	UNITED	STATES SH			ND EX( D.C. 20		NGE C	OMMISSION	OMB Number:	3235-0287
Check thi if no long subject to Section 1 Form 4 o Form 5 obligation may cont	suant to Sect	Stion 16(	SECUR	NERSHIP OF e Act of 1934, 1935 or Section	Expires: Januar Estimated average burden hours per response					
See Instru 1(b).		30(h) of	the Inve	estment (	Compan	у Ас	t of 194	0		
(Print or Type F	Responses)									
1. Name and A FRIBOURC	ddress of Reporting I BPAUL J	Sy	mbol		Ticker or		-	5. Relationship of Issuer	Reporting Pers	son(s) to
					DODS IN		SFD]	(Chec	k all applicable	)
(Last) C/O 200 CC	(First) (M	(M	Date of E Ionth/Day /28/200		ansaction			X Director Officer (give below)		Owner er (specify
	(Street)			ment, Dat /Day/Year)	te Original	l		6. Individual or Jo Applicable Line) _X_ Form filed by O Form filed by M	One Reporting Pe	rson
	LD, VA 23430							Person		1 0
(City)	(State)	(Zip)	Table I	- Non-D	erivative	Secur	ities Acq	uired, Disposed of	, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Da any (Month/Day/	ate, if T C	s. Fransactio Code Instr. 8)	4. Securit r(A) or Di (Instr. 3,	spose	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	
			(	Code V	Amount	(D)	Price	(Instr. 3 and 4)		
Common Stock	01/28/2008		]	P <u>(2)</u>	100	А	\$ 25.26	10,090,285	I <u>(1)</u>	see footnote #1
Common Stock	01/28/2008		]	P <u>(2)</u>	300	А	\$ 25.29	10,090,585	I <u>(1)</u>	see footnote #1
Common Stock	01/28/2008		]	P <u>(2)</u>	700	Α	\$ 25.3	10,091,285	I <u>(1)</u>	see footnote #1
Common Stock	01/28/2008		]	P <u>(2)</u>	400	А	\$ 25.31	10,091,685	I <u>(1)</u>	see footnote #1

Common Stock	01/28/2008	P <u>(2)</u>	200	А	\$ 25.36	10,091,885	I <u>(1)</u>	see footnote #1
Common Stock	01/28/2008	P <u>(2)</u>	100	А	\$ 25.37	10,091,985	I <u>(1)</u>	see footnote #1
Common Stock	01/28/2008	P <u>(2)</u>	400	А	\$ 25.38	10,092,385	I <u>(1)</u>	see footnote #1
Common Stock	01/28/2008	P <u>(2)</u>	800	А	\$ 25.42	10,093,185	I <u>(1)</u>	see footnote #1
Common Stock	01/28/2008	P <u>(2)</u>	500	А	\$ 25.44	10,093,685	I <u>(1)</u>	see footnote #1
Common Stock	01/28/2008	P <u>(2)</u>	1,200	А	\$ 25.45	10,094,885	I <u>(1)</u>	see footnote #1
Common Stock	01/28/2008	P <u>(2)</u>	1,600	А	\$ 25.46	10,096,485	I <u>(1)</u>	see footnote #1
Common Stock	01/28/2008	P <u>(2)</u>	1,500	А	\$ 25.47	10,097,985	I <u>(1)</u>	see footnote #1
Common Stock	01/28/2008	P <u>(2)</u>	800	А	\$ 25.48	10,098,785	I <u>(1)</u>	see footnote #1
Common Stock	01/28/2008	P <u>(2)</u>	1,700	А	\$ 25.49	10,100,485	I <u>(1)</u>	see footnote #1
Common Stock	01/28/2008	P <u>(2)</u>	500	А	\$ 25.5	10,100,985	I <u>(1)</u>	see footnote #1
Common Stock	01/28/2008	P <u>(2)</u>	1,400	А	\$ 25.51	10,102,385	I <u>(1)</u>	see footnote #1
Common Stock	01/28/2008	P <u>(2)</u>	900	А	\$ 25.52	10,103,285	I <u>(1)</u>	see footnote #1
Common Stock	01/28/2008	P <u>(2)</u>	300	А	\$ 25.54	10,103,585	I <u>(1)</u>	see footnote #1
Common Stock	01/28/2008	P <u>(2)</u>	200	А	\$ 25.56	10,103,785	I <u>(1)</u>	see footnote

								#1
Common Stock	01/28/2008	P <u>(2)</u>	200	А	\$ 25.57	10,103,985	I <u>(1)</u>	see footnote #1
Common Stock	01/28/2008	P <u>(2)</u>	200	А	\$ 25.58	10,104,185	I <u>(1)</u>	see footnote #1
Common Stock	01/28/2008	P <u>(2)</u>	400	А	\$ 25.59	10,104,585	I <u>(1)</u>	see footnote #1
Common Stock	01/28/2008	P <u>(2)</u>	200	А	\$ 25.6	10,104,785	I <u>(1)</u>	see footnote #1
Common Stock	01/28/2008	P <u>(2)</u>	100	А	\$ 25.61	10,104,885	I <u>(1)</u>	see footnote #1
Common Stock	01/28/2008	P <u>(2)</u>	300	А	\$ 25.62	10,105,185	I <u>(1)</u>	see footnote #1
Common Stock	01/28/2008	P <u>(2)</u>	300	А	\$ 25.74	10,105,485	I <u>(1)</u>	see footnote #1
Common Stock	01/28/2008	P <u>(2)</u>	400	А	\$ 25.75	10,105,885	I <u>(1)</u>	see footnote #1
Common Stock	01/28/2008	P <u>(2)</u>	100	А	\$ 25.76	10,105,985	I <u>(1)</u>	see footnote #1
Common Stock	01/28/2008	P <u>(2)</u>	1,500	А	\$ 25.77	10,107,485	I <u>(1)</u>	see footnote #1
Common Stock	01/28/2008	P <u>(2)</u>	400	А	\$ 25.78	10,107,885	I <u>(1)</u>	see footnote #1

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	cisable and	7. Title	e and	8. Price of	9. Nu
Derivative Security (Instr. 3)	Conversion or Exercise Price of Derivative Security	(Month/Day/Year)		Transactio Code	of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3,	Expiration Date (Month/Day/Year)		Amount of Underlying Securities (Instr. 3 and 4)		Derivative Security (Instr. 5)	Deriv Secur Bene Owne Follo Repo Trans (Instr
				Code V	4, and 5) (A) (D)	Date Exercisable	Expiration Date		Amount or Number of Shares		

## **Reporting Owners**

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
FRIBOURG PAUL J C/O 200 COMMERCE STREET SMITHFIELD, VA 23430	Х						
Signatures							
/s/ Michael H. Cole, as Attorney-in-Fact		01/30/200	8				
**Signature of Reporting Person	Date						
Evelowether of Deer							

# **Explanation of Responses:**

\* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

The shares listed as indirectly owned in the table above are shares owned directly by ContiGroup Companies, Inc. ("ContiGroup"). Mr. Fribourg may be deemed to share voting and investment power with respect to the shares of common stock owned directly by ContiGroup by virtue of being the Chairman, Chief Executive Officer and President of ContiGroup. In addition, Mr. Fribourg is one of the co-trustees

- (1) by virtue of being the Chairman, Chief Executive Officer and President of Conferoup. In addition, Mr. Fribourg is one of the co-trustees and in one case, a beneficiary, of various trusts established for the benefit of certain members of Mr. Fribourg's family that collectively control a majority interest in Conferoup. Mr. Fribourg disclaims beneficial ownership with respect to all of these shares except to the extent of his pecuniary interest.
- (2) The purchases reported on this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by ContiGroup on October 12, 2007.

#### **Remarks:**

Form 1 of 4

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.