

HUMANA INC  
 Form 144  
 August 13, 2013

UNITED STATES  
 SECURITIES AND EXCHANGE COMMISSION  
 Washington, D.C. 20549  
 FORM 144

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NOTICE OF PROPOSED SALE OF SECURITIES  
 PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

ATTENTION: Transmit for filing 3 copies of this form concurrently with either placing an order with a broker to execute sale or executing a sale directly with a market maker.

1 (a) NAME OF ISSUER (Please type or print)  
 Humana Inc.

(b) IRS IDENT. NO. 61-0647538  
 (c) S.E.C. WORK LOCATION FILE NO. 1-5975

1 (d) ADDRESS OF ISSUER

STREET	CITY	AREA	NUMBER
STATE	ZIP CODE	CODE	580-1000
			502
500 West Main	Louisville	KY	40202

2 (a) NAME OF PERSON FOR WHOSE ACCOUNT THE SECURITIES ARE TO BE SOLD  
 Bruce P. Perkins

(b) RELATIONSHIP TO ISSUER  
 Segment President  
 500 W. Main Street  
 Louisville KY 40202

INSTRUCTION: The person filing this notice should contact the issuer to obtain the I.R.S. identification Number and the S.E.C. File Number

3 (a)	(b)	SEC USE ONLY (c)	(d)	(e)	(f)	(g)	
Title of the Class of Securities To Be Sold	Name and Address of Each Broker Through Whom the Securities Are To Be Offered or Each Market Maker who is Acquiring the Securities	Broker-Dealer File Number	Number of Shares or Other Units To Be Sold (See Instr. 3 (c))	Aggregate Market Value (See Instr. 3 (d))	Number of Shares or Other Units Outstanding (See Instr. 3 (e))	Approximate Date of Sale (MO. DAY YR.) (See Instr. 3 (f))	Name of Each Securities Exchange (See instr. 3 (g))
Common	Charles Schwab & Co., Inc. 9601 East Panorama Circle Englewood, CO 80112		9,000	\$840,696 based on FMV on	6,463,120 as of 6/30/2013	08/13/2013	NYSE

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of

\$93.41

INSTRUCTIONS:

1. (a) Name of Issuer
- (b) Issuer's I.R.S. Identification Number
- (c) Issuer's S.E.C. file number, if any
- (d) Issuer's address, including zip code
- (e) Issuer's telephone number, including area code
2. (a) Name of person for whose account the securities are to be sold
- (b) Such person's relationship to the issuer (e.g., officer, director, 10% stockholder, or member of immediate family of any of the foregoing)
- (c) Such person's address, including zip code
3. (a) Title of the class of securities to be sold
- (b) Name and Address of each broker through whom the securities are intended to be sold
- (c) Number of shares or other units to be sold (if debt securities, give the aggregate principal amount)
- (d) Aggregate market value of the securities to be sold as of a specified date with respect to which the issuer has filed the most recent report or statement published by the issuer
- (e) Number of shares or other units of the class outstanding, or if debt securities, the aggregate principal amount of the securities outstanding, as of a specified date with respect to which the issuer has filed the most recent report or statement published by the issuer
- (f) Approximate date on which the securities are to be sold
- (g) Name of each securities exchange, if any, on which the securities are intended to be sold

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1147 (08-07)

## TABLE I - SECURITIES TO BE SOLD

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor.

Title of the Class	Date you Acquired	Nature of Acquisition Transaction	Name of the Person from Whom Acquired (if gift, also give date donor acquired)	Amount of Securities Acquired	Date of Payment	Nature of Payment
Common	05/07/12	Stock Option Exercise	Issuer	4,363	05/07/12	Cash
Common	02/19/12	Restricted Stock	Issuer	3,045	02/19/12	N/A
Common	06/27/11	Award Stock Option Exercise	Issuer	1,592	06/27/11	Stock

INSTRUCTIONS: If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

## TABLE II - SECURITIES SOLD DURING THE PAST 3 MONTHS (1)

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.