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HEIL JOHN Form 4	I										
February 25.	ПЛ								OMB AF	PPROVAL	
UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549								OMB Number:	3235-0287		
Check th if no long subject to Section 1 Form 4 c Form 5	ger o STATE 16. or	MENT O	Expires: Estimated a	ires: January 31 2009 Mated average len hours per							
obligatio may com <i>See</i> Instr 1(b).	tinue. Section 17	(a) of the l	Public U		ling Con	npan	y Act of	e Act of 1934, E 1935 or Section 40	1		
(Print or Type]	Responses)										
1. Name and Address of Reporting Person <u>*</u> HEIL JOHN			2. Issuer Name and Ticker or Trading Symbol TEMPUR SEALY INTERNATIONAL, INC. [TPX]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) (First) (Middle)			3. Date of Earliest Transaction					_X_ Director 10% Owner			
	UR SEALY FIONAL, INC., 1 WAY	1000	(Month/D 02/21/20	-				Officer (give below)	title Othe below)	er (specify	
LEXINGTO	(Street) DN, KY 40511			ndment, Da hth/Day/Year)	-	1		6. Individual or Jo Applicable Line) _X_ Form filed by C Form filed by M	One Reporting Pe	rson	
(City)	(State)	(Zip)	Tabl	o I Non D	omizzatizza	Soon	itios A og	Person	or Ponoficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Dat (Month/Day/Year) Execution any	ned	3.	4. Securi	ties A ispose 4 and (A)	cquired d of (D)	5. Amount of	or Beneficially Owned6. Ownership7. Nature ofForm: DirectIndirect(D) orBeneficialIndirect (I)Ownership(Instr. 4)(Instr. 4)		
				Code V	Amount	or (D)	Price	(Instr. 3 and 4)			
Common Stock	02/21/2019			М	2,553	А	\$ 43.28	30,304	D		
Common Stock	02/21/2019			S	1,883	D	\$ 59.02 (1)	28,421	D		
Common Stock	02/21/2019			М	2,644	А	\$ 33.33	31,065	D		
Common Stock	02/21/2019			S	1,502	D	\$ 59.02	29,563	D		

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(1)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number prof Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exer Expiration D (Month/Day/	ate	7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. I De Sec (In
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock Options (right to buy)	\$ 43.28	02/21/2019		М	2,553	(2)	05/21/2023	Common Stock	2,553	
Stock Option (right to buy)	\$ 33.33	02/21/2019		М	2,644	(3)	05/04/2020	Common Stock	2,644	

Reporting Owners

Reporting Owner Name / Address		Relationsh		
	Director	10% Owner	Officer	Other
HEIL JOHN C/O TEMPUR SEALY INTERNATIONAL, INC. 1000 TEMPUR WAY LEXINGTON, KY 40511	Х			
Signatures				
/s/ William H. Dorton, Attorney 02/25.	/2019			
<u>**</u> Signature of Reporting Person Dat	te			

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

The price is the weighted average purchase price for the transactions on this line. The prices for the transactions reported on this line ranged from \$58.96 to \$59.04, inclusive. The reporting person undertakes to provide, upon request by the staff of the Securities and Exchange Commission, the issuer or any security holder of the issuer, full information regarding the number of shares purchased at each

separate price.

- (2) These stock options vested in four approximately equal installments on the following dates: July 31, 2013; October 31, 2013; January 31, 2014; and April 30, 2014.
- (3) These stock options vested in four equal installments on the following dates: July 31, 2010; October 31, 2010; January 31, 2011; and April 30, 2011.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.