Daniel John M Form 5 January 25, 2006

Reminder: Report on a separate line for each class of

securities beneficially owned directly or indirectly.

OMB APPROVAL FORM 5 **OMB** UNITED STATES SECURITIES AND EXCHANGE COMMISSION 3235-0362 Number: Washington, D.C. 20549 Check this box if January 31, Expires: no longer subject 2005 to Section 16. Estimated average ANNUAL STATEMENT OF CHANGES IN BENEFICIAL Form 4 or Form burden hours per 5 obligations OWNERSHIP OF SECURITIES response... 1.0 may continue. See Instruction Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, 1(b). Form 3 Holdings Section 17(a) of the Public Utility Holding Company Act of 1935 or Section Reported 30(h) of the Investment Company Act of 1940 Form 4 Transactions Reported 1. Name and Address of Reporting Person * 2. Issuer Name and Ticker or Trading 5. Relationship of Reporting Person(s) to Issuer Daniel John M Symbol REGIONS FINANCIAL CORP [RF] (Check all applicable) 3. Statement for Issuer's Fiscal Year Ended (Last) (First) (Middle) (Month/Day/Year) Director 10% Owner _ Officer (give title X 12/31/2005 Other (specify below) below) POBOX 10247 Director of Human Resources (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Reporting Filed(Month/Day/Year) (check applicable line) BIRMINGHAM, Â ALÂ 352020247 _X_ Form Filed by One Reporting Person Form Filed by More than One Reporting Person (City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 1.Title of 2. Transaction Date 2A. Deemed 4. Securities 5. Amount of 6. Ownership 7. Nature of Security (Month/Day/Year) Transaction Securities Form: Direct Indirect Execution Date, if Acquired (A) or (Instr. 3) Code Disposed of (D) Beneficially (D) or Beneficial (Month/Day/Year) (Instr. 8) (Instr. 3, 4 and 5) Owned at end Indirect (I) Ownership of Issuer's (Instr. 4) (Instr. 4) (A) Fiscal Year or (Instr. 3 and 4) Amount (D) Price Common Â Â Â Â Â Â Â 36,326,36 D Stock

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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SEC 2270

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
					(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option	\$ 34.39	Â	Â	Â	Â	Â	12/20/2005	10/08/2012	Common Stock	22,952
Stock Option	\$ 34.66	Â	Â	Â	Â	Â	(2)	12/20/2012	Common Stock	39,504
Phantom Stock Units (401k)	Â	12/30/2005	Â	J <u>(1)</u>	789	Â	(1)	(1)	Common Stock	789
Stock Option	\$ 34.39	Â	Â	Â	Â	Â	12/20/2005	01/18/2011	Common Stock	899
Stock Option	\$ 28.28	Â	Â	Â	Â	Â	07/01/2004	01/18/2011	Common Stock	5,227
Stock Option	\$ 32.44	Â	Â	Â	Â	Â	07/01/2004	01/18/2011	Common Stock	2,533
Stock Option	\$ 28.33	Â	Â	Â	Â	Â	07/01/2004	01/18/2011	Common Stock	4,509
Stock Option	\$ 35.09	Â	Â	Â	Â	Â	07/05/2005	10/10/2011	Common Stock	18,178
Stock Option	\$ 33.82	Â	Â	Â	Â	Â	12/20/2005	10/15/2011	Common Stock	50,000
Stock Option	\$ 32.44	Â	Â	Â	Â	Â	07/01/2004	10/08/2012	Common Stock	2,231
Stock Option	\$ 28.33	Â	Â	Â	Â	Â	07/01/2004	10/08/2012	Common Stock	1,305
Stock Option	\$ 35.12	Â	Â	Â	Â	Â	07/01/2004	10/08/2012	Common Stock	7,057
Stock Option	\$ 33.48	Â	Â	Â	Â	Â	07/01/2004	10/14/2013	Common Stock	34,000

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Daniel John M

P O BOX 10247 Â Â Director of Human Resources Â

BIRMINGHAM, ALÂ 352020247

Signatures

By: Ronald C. Jackson 01/04/2006

**Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The reported phantom stock units were acquired under Regions' benefit plans.
- (2) The option becomes exercisable in three equal installments on December 20, 2006, 2007 and 2008.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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