REGIONS FINANCIAL CORP

Form 4 March 03, 2006

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB 3235-0287 Number:

5. Relationship of Reporting Person(s) to

January 31, Expires: 2005

OMB APPROVAL

Estimated average burden hours per response... 0.5

if no longer subject to Section 16. Form 4 or

Check this box

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

2. Issuer Name and Ticker or Trading

Form 5 Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *

Daniel John M			Symbol REGIONS FINANCIAL CORP [RF]				(Chack all applicable)			
(Last) (First) (Middle) POBOX 10247			3. Date of Earliest Transaction (Month/Day/Year) 03/02/2006				(Check all applicable) Director 10% OwnerX_ Officer (give title Other (specify below) Director of Human Resources			
BIRMING	(Street) HAM, AL 35202	Filed	4. If Amendment, Date Original Filed(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								y Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		Code (Instr. 3, 4 and 5) ar) (Instr. 8) (A) or			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common Stock	02/15/2006		J <u>(1)</u> V	7 284.891	A	\$0	36,611.251	D		
Common Stock	03/02/2006		X	5,227	A	\$ 28.28	41,838.251	D		
Common Stock	03/02/2006		X	4,509	A	\$ 28.33	46,347.251	D		
Common Stock	03/02/2006		X	1,305	A	\$ 28.33	47,652.251	D		
Common Stock	03/02/2006		F	9,570	D	\$ 34.575	38,082.251	D		

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

 $\label{thm:convertible} \begin{tabular}{ll} Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned \\ (\emph{e.g.}, puts, calls, warrants, options, convertible securities) \\ \end{tabular}$

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	Securitie Acquired Disposed	ative Expiration		Date Exercisable and xpiration Date Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Share	
Stock Option	\$ 28.28	03/02/2006		X		5,227	07/01/2004	01/18/2011	Common Stock	5,227	
Stock Option	\$ 28.33	03/02/2006		X		4,509	07/01/2004	01/18/2011	Common Stock	4,509	
Stock Option	\$ 34.58	03/02/2006		A	8,438		09/02/2006	01/18/2011	Common Stock	8,438	
Stock Option	\$ 28.33	03/02/2006		X		1,305	07/01/2004	10/08/2012	Common Stock	1,305	
Stock Option	\$ 34.58	03/02/2006		A	1,132		09/02/2006	10/08/2012	Common Stock	1,132	
Phantom Stock Units (401k)	\$ 0 (2)						<u>(2)</u>	(2)	Common Stock	1,040	
Stock Option	\$ 32.44						07/01/2004	01/18/2011	Common Stock	2,533	
Stock Option	\$ 34.39						12/20/2005	01/18/2011	Common Stock	899	
Stock Option	\$ 35.09						07/05/2005	10/10/2011	Common Stock	18,17	
Stock Option	\$ 33.82						12/20/2005	10/15/2011	Common Stock	50,00	
Stock Option	\$ 32.44						07/01/2004	10/08/2012	Common Stock	2,231	
Stock Option	\$ 35.12						07/01/2004	10/08/2012	Common Stock	7,057	

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Stock Option	\$ 34.39	12/20/2005	10/08/2012	Common Stock	22,95
Stock Option	\$ 34.66	<u>(3)</u>	12/20/2012	Common Stock	39,50
Stock Option	\$ 33.48	07/01/2004	10/14/2013	Common Stock	34,000

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
Daniel John M			Director of				
P O BOX 10247			Human				
BIRMINGHAM, AL 352020247			Resources				

Signatures

By: Ronald C.
Jackson

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Stock purchased through the dividend reinvestment program.
- (2) The reported phantom stock units were acquired under Regions' benefit plans.
- (3) The option becomes exercisable in three equal installments on December 20, 2006, 2007 and 2008.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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