

Singh Shawn
Form 4
August 31, 2018

FORM 4

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
Singh Shawn

(Last) (First) (Middle)

C/O VISTAGEN THERAPEUTICS, INC., 343 ALLERTON AVENUE

(Street)

SOUTH SAN FRANCISCO, CA 94080

(City) (State) (Zip)

2. Issuer Name and Ticker or Trading Symbol

VistaGen Therapeutics, Inc. [VTGN]

3. Date of Earliest Transaction (Month/Day/Year)

08/29/2018

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

Director 10% Owner
 Officer (give title below) Other (specify below)

CHIEF EXECUTIVE OFFICER

6. Individual or Joint/Group Filing(Check Applicable Line)

Form filed by One Reporting Person
 Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

| 1. Title of Security (Instr. 3) | 2. Transaction Date (Month/Day/Year) | 2A. Deemed Execution Date, if any (Month/Day/Year) | 3. Transaction Code (Instr. 8) | 4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) | 5. Amount of Securities Beneficially Owned Reported Transaction(s) (Instr. 3 and 4) | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of Ownership (Instr. 4) | | |
|---------------------------------|--------------------------------------|--|--------------------------------|---|---|--|-----------------------------------|-----|-------|
| | | | | (A) or (D) | Code | V | Amount | (D) | Price |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of Derivative | 2. Conversion | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if | 4. Transaction | 5. Number of Derivative Securities | 6. Date Exercisable and Expiration Date | 7. Title and Amount of Underlying Security |
|------------------------|---------------|--------------------------------------|-------------------------------|----------------|------------------------------------|---|--|
|------------------------|---------------|--------------------------------------|-------------------------------|----------------|------------------------------------|---|--|

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| Security (Instr. 3) | or Exercise Price of Derivative Security | any (Month/Day/Year) | Code (Instr. 8) | Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) | | (Month/Day/Year) | | (Instr. 3 and 4) | | |
|--------------------------------------|---|-------------------------|--------------------|--|--------------------------|------------------|------------|---------------------|--------------------|-------|
| | | | | Code | V | (A) | (D) | Date Exercisable | Expiration Date | Title |
| Stock Option (Right to Buy) | \$ 10 | 08/29/2018 | D | | 3,000 ⁽¹⁾ | | 03/24/2013 | 03/24/2019 | Common Stock | |
| Stock Option (Right to Buy) | \$ 1.5 | 08/29/2018 | A | | 3,000 | | 08/29/2018 | 03/24/2019 | Common Stock | |
| Stock Option (Right to Buy) | \$ 10 | 08/29/2018 | D | | 1,125 ⁽²⁾ | | 12/17/2009 | 06/17/2019 | Common Stock | |
| Stock Option (Right to Buy) | \$ 1.5 | 08/29/2018 | A | | 1,125 | | 08/29/2018 | 06/17/2019 | Common Stock | |
| Stock Option (Right to Buy) | \$ 10 | 08/29/2018 | D | | 50,000 ⁽³⁾ | | 11/01/2011 | 11/04/2019 | Common Stock | 5 |
| Stock Option (Right to Buy) | \$ 1.5 | 08/29/2018 | A | | 50,000 | | 08/29/2018 | 11/04/2019 | Common Stock | 5 |
| Stock Option (Right to Buy) | \$ 10 | 08/29/2018 | D | | 21,250 ⁽⁴⁾ | | 12/31/2011 | 12/30/2019 | Common Stock | 2 |
| Stock Option (Right to Buy) | \$ 1.5 | 08/29/2018 | A | | 21,250 | | 08/29/2018 | 12/30/2019 | Common Stock | 2 |
| Stock Option (Right to Buy) | \$ 10 | 08/29/2018 | D | | 5,000 ⁽⁵⁾ | | 04/25/2015 | 04/26/2021 | Common Stock | |
| Stock Option (Right to Buy) | \$ 1.5 | 08/29/2018 | A | | 5,000 | | 08/29/2018 | 04/26/2021 | Common Stock | |

| | | | | | | | | |
|-----------------------------|---------|------------|---|-----------------|------|------------|--------------|---|
| Stock Option (Right to Buy) | \$ 3.49 | 08/29/2018 | D | 200,000 (6) | (7) | 06/19/2026 | Common Stock | 2 |
| Stock Option (Right to Buy) | \$ 1.5 | 08/29/2018 | A | 200,000 | (7) | 06/19/2026 | Common Stock | 2 |
| Stock Option (Right to Buy) | \$ 3.8 | 08/29/2018 | D | 100,000 (8) | (9) | 11/09/2026 | Common Stock | 1 |
| Stock Option (Right to Buy) | \$ 1.5 | 08/29/2018 | A | 100,000 | (9) | 11/09/2026 | Common Stock | 1 |
| Stock Option (Right to Buy) | \$ 1.96 | 08/29/2018 | D | 175,000 (10) | (11) | 04/26/2027 | Common Stock | 1 |
| Stock Option (Right to Buy) | \$ 1.5 | 08/29/2018 | A | 175,000 | (11) | 04/26/2027 | Common Stock | 1 |

Reporting Owners

| Reporting Owner Name / Address | Relationships | | | |
|--|---------------|-----------|-------------------------|-------|
| | Director | 10% Owner | Officer | Other |
| Singh Shawn C/O VISTAGEN THERAPEUTICS, INC. 343 ALLERTON AVENUE SOUTH SAN FRANCISCO, CA 94080 | | | CHIEF EXECUTIVE OFFICER | |

Signatures

/s/ Jerrold D. Dotson,
Attorney-in-Fact

08/31/2018

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The reporting person agreed to cancellation of an option granted to him on 3/24/2009 in exchange for a new option having a lower exercise price.
- (2) The reporting person agreed to cancellation of an option granted to him on 6/17/2009 in exchange for a new option having a lower exercise price.

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- (3) The reporting person agreed to cancellation of an option granted to him on 11/4/2009 in exchange for a new option having a lower exercise price.
- (4) The reporting person agreed to cancellation of an option granted to him on 12/30/2009 in exchange for a new option having a lower exercise price.
- (5) The reporting person agreed to cancellation of an option granted to him on 4/26/2011 in exchange for a new option having a lower exercise price.
- (6) The reporting person agreed to cancellation of an option granted to him on 6/19/2016 in exchange for a new option having a lower exercise price.
- (7) The option vests monthly over a period of four years commencing 6/19/2016.
- (8) The reporting person agreed to cancellation of an option granted to him on 11/9/2016 in exchange for a new option having a lower exercise price.
- (9) The option vests monthly over a period of three years commencing 11/9/2016.
- (10) The reporting person agreed to cancellation of an option granted to him on 4/26/2017 in exchange for a new option having a lower exercise price.
- (11) The option vests monthly over a period of three years commencing 4/26/2017.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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