RECKSON ASSOCIATES REALTY CORP
Form 4
December 22, 2006

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *
BARNETT JASON

(Last) (First) (Middle)

C/O RECKSON ASSOCIATES REALTY CORP., 625 RECKSON PLAZA

(Street)

UNIONDALE, NY 11556

(City) (State) (Zip)

2. Issuer Name **and** Ticker or Trading Symbol
RECKSON ASSOCIATES REALTY CORP [RA]

3. Date of Earliest Transaction (Month/Day/Year)
12/21/2006

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

_____ Director _____ 10% Owner
__X__ Officer (give title below) __X__ Other (specify below)
Sr. Exec. VP -- Corp. Init. / Gen. Counsel and Sec'y

6. Individual or Joint/Group Filing(Check Applicable Line)
_X_ Form filed by One Reporting Person
___ Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock (1)	12/21/2006		M		3,000	A	$ 21.7875	145,798	D	
Common Stock (1)	12/21/2006		S		27	D	$ 45.5	145,771	D	
Common Stock (1)	12/21/2006		S		45	D	$ 45.51	145,726	D	
Common Stock (1)	12/21/2006		S		30	D	$ 45.52	145,696	D	
	12/21/2006		S		24	D	$ 45.53	145,672	D	

Common Stock [(1)]							
Common Stock [(1)]	12/21/2006	S	66	D	$ 45.54	145,606	D
Common Stock [(1)]	12/21/2006	S	48	D	$ 45.55	145,558	D
Common Stock [(1)]	12/21/2006	S	45	D	$ 45.56	145,513	D
Common Stock [(1)]	12/21/2006	S	165	D	$ 45.57	145,348	D
Common Stock [(1)]	12/21/2006	S	198	D	$ 45.58	145,150	D
Common Stock [(1)]	12/21/2006	S	189	D	$ 45.59	144,961	D
Common Stock [(1)]	12/21/2006	S	57	D	$ 45.6	144,904	D
Common Stock [(1)]	12/21/2006	S	54	D	$ 45.61	144,850	D
Common Stock [(1)]	12/21/2006	S	87	D	$ 45.62	144,763	D
Common Stock [(1)]	12/21/2006	S	54	D	$ 45.63	144,709	D
Common Stock [(1)]	12/21/2006	S	66	D	$ 45.64	144,643	D
Common Stock [(1)]	12/21/2006	S	209	D	$ 45.65	144,434	D
Common Stock [(1)]	12/21/2006	S	330	D	$ 45.66	144,104	D
Common Stock [(1)]	12/21/2006	S	294	D	$ 45.67	143,810	D
Common Stock [(1)]	12/21/2006	S	147	D	$ 45.68	143,663	D
Common Stock [(1)]	12/21/2006	S	165	D	$ 45.69	143,498	D
Common Stock [(1)]	12/21/2006	S	244	D	$ 45.7	143,254	D
Common Stock [(1)]	12/21/2006	S	18	D	$ 45.71	143,236	D
Common Stock [(1)]	12/21/2006	S	93	D	$ 45.72	143,143	D
	12/21/2006	S	3	D	$ 45.73	143,140	D

Common Stock (1)								
Common Stock (1)	12/21/2006		S	6	D	$ 45.77	143,134	D
Common Stock (1)	12/21/2006		S	6	D	$ 45.78	143,128	D
Common Stock (1)	12/21/2006		S	12	D	$ 45.8	143,116	D
Common Stock (1)	12/21/2006		S	3	D	$ 45.81	143,113	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(*e.g.*, puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (Right to Buy) (1)	$ 21.7875	12/21/2006		M			3,000	08/11/1998	08/11/2008	Common Stock	3,000

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
BARNETT JASON C/O RECKSON ASSOCIATES REALTY CORP.			Sr. Exec. VP -- Corp. Init.	Gen. Counsel and Sec'y

625 RECKSON PLAZA
UNIONDALE, NY 11556

Signatures

/s/ Jason Barnett	12/22/2006
**Signature of Reporting Person	Date

Explanation of Responses:

***** If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

****** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) On December 21, 2006, the registrant exercised employee stock options for an aggregate of 3,000 shares of common stock of Reckson Assocates Realty Corp., and subsequently sold such shares in the open market.

(2) N/A.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.
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