CITIZENS INC Form SC 13D/A December 13, 2006

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

SCHEDULE 13D

Under the Securities Exchange Act of 1934

(Amendment No. 4) *

CITIZENS, INC.

(Name of Issuer)

Class A Common Stock, no par value

(Title of Class of Securities)

174740 10 0

(CUSIP Number)

September 11, 2006

(Date of Event which Requires Filing of this Statement)

GAMASE Policyholders Trust
c/o Gala Management Services, Inc.
Scotia Plaza, 9th Floor
Federico Boyd Avenue 18 and 51 Street
Panama 5
Republic of Panama
Attention: Tomas Herrera

with a copy to:

Roxanne K. Beilly, Esq.
Schneider Weinberger & Beilly LLP
2200 Corporate Boulevard, N.W., Suite 210
Boca Raton, Florida 33431
Telephone: 561-362-9595

Facsimile No: 561-361-9612

(Name, Address and Telephone Number of Person Authorized to Receive Notices and Communications)

If the filing person has previously filed a statement on Schedule 13G to report the acquisition that is the subject of this Schedule 13D, and is filing this schedule because of Sec. 240.13d-1(e), 240.13d-1(f) or 240.13d-1(g), check the following box [].

*The remainder of this cover page shall be filled out for a reporting person's initial filing on this form with respect to the subject class of securities, and for any subsequent amendment containing information which would alter disclosures provided in a prior cover page.

The information required on this cover page shall not be

deemed to be "filed" for the purposes of Section 18 of the Securities Exchange Act of 1934 ("Act") or otherwise subject to the liabilities of the Act but shall be subject to all other provisions of the Act (however, see the Notes)

			SCHEDULE 13D							
CUSIP	No. 174740	10 0		Page	2					
1	NAME OF REPORTING PERSONS Galindo, Arias & Lopez S.S. or I.R.S. IDENTIFICATION NO. OF ABOVE PERSONS N/A									
2	CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP* (a) [] (b) [X]									
3	SEC USE ONL	Y 								
4	SOURCE OF F									
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5	CHECK BOX IF DISCLOSURE OF LEGAL PROCEEDINGS IS REQUIRED PURSUANT TO ITEMS 2(d) OR 2(e)									
6	CITIZENSHIP OR PLACE OF ORGANIZATION									
	Republic of	Panar	na 							
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		9	SOLE DISPOSITIVE POWER							
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10 SHARED DISPOSITIVE POWER

	14,584,680		
11	AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PER 14,584,680	RSON	
12	CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (11) EXCLUDES CE SHARES*	ERTAIN	[]
13	PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (11)		
14	TYPE OF REPORTING PERSON* PN		
	SCHEDULE 13D No. 174740 10 0		
1	NAME OF REPORTING PERSONS Gala Management Services, Inc. S.S. or I.R.S. IDENTIFICATION NO. OF ABOVE PERSONS N/A		
2	CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP*	, ,	[] [X]
3	SEC USE ONLY		
4	SOURCE OF FUNDS OO		
5	CHECK BOX IF DISCLOSURE OF LEGAL PROCEEDINGS IS REQUIRED PURSUANT TO ITEMS 2(d) OR 2(e)		[]
6	CITIZENSHIP OR PLACE OF ORGANIZATION		

Republic of Panama

SHARES BENEFICIALLY OWNED BY EACH		7	SOLE VOTING POWER 0				
		8	SHARED VOTING POWER				
		9	SOLE DISPOSITIVE POWER 0				
		10	SHARED DISPOSITIVE POWER 8,882,629				
11	AGGREGATE AMO	OUNT 1	BENEFICIALLY OWNED BY EACH REPORTING PERSON				
12	CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (11) EXCLUDES CERTAIN SHARES* []						
13	PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (11)						
14	TYPE OF REPO	RTING	PERSON*				
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1	NAME OF REPORT OF REPORT OF I.R. N/A	eds T					
2	CHECK THE AP	PROPR.	IATE BOX IF A MEMBER OF A GROUP*		[] [X]		

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5	CHECK BOX IF DISCLOSURE OF LEGAL PROCEEDINGS IS REQUIRED PURSUANT TO ITEMS 2(d) OR 2(e)							
6	CITIZENSHIP OR PLACE OF ORGANIZATION Republic of Panama							
NUMBE SHARE BENEF OWNED EACH REPOR	CS CICIALLY D BY		SOLE VOTING POWER 0 SHARED VOTING POWER					
PERSC	N WITH	9	O SOLE DISPOSITIVE POWER					
		10	SHARED DISPOSITIVE POWER 8,432,799					
11	AGGREGATE AN	MOUNT	BENEFICIALLY OWNED BY EACH REPORTING PERSON					
12	CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (11) EXCLUDES CERTAIN SHARES*							
13	PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (11)							
14	TYPE OF REPO	ORTINO	G PERSON*					

SCHEDULE 13D

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1	NAME OF REI GAMASE Age S.S. or I.I N/A	nts Tr							
2	CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP* (a) (b)								
3	SEC USE ON	LY							
4	SOURCE OF I	FUNDS							
5			CLOSURE OF LEGAL PROCEEDINGS IS REQUIRES S 2(d) OR 2(e))		[]			
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OWNED BY EACH REPORTING PERSON WITH		8	SHARED VOTING POWER						
		9	SOLE DISPOSITIVE POWER						
		10	SHARED DISPOSITIVE POWER 449,830						
11	AGGREGATE 2	AMOUNT	BENEFICIALLY OWNED BY EACH REPORTING P	ERSON					

12	CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (11) EXCLUDES CE SHARES*	ERTAIN		[]
13	PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (11)			
14	TYPE OF REPORTING PERSON*			
	COURDIN E. 12D			
CUSIP	SCHEDULE 13D No. 174740 10 0 	Page	 6 	
1	NAME OF REPORTING PERSONS Regal Trust (BVI) Ltd. S.S. or I.R.S. IDENTIFICATION NO. OF ABOVE PERSONS N/A			
2	CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP*		(a) (b)	[] [X]
3	SEC USE ONLY			
4	SOURCE OF FUNDS			
5	CHECK BOX IF DISCLOSURE OF LEGAL PROCEEDINGS IS REQUIRED PURSUANT TO ITEMS 2(d) OR 2(e)			[]
6	CITIZENSHIP OR PLACE OF ORGANIZATION British Virgin Islands			
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REPORTING PERSON WITH		8	SHARED VOTING POWER			
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		9	SOLE DISPOSITIVE POWER			
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		1.0	SHARED DISPOSITIVE POWER			
		10				
			5,702,051 			
11	AGGREGATE AM	OUNT	BENEFICIALLY OWNED BY EACH REPORTING PER:	SON		
	5,702,051					
12	CHECK BOX IF SHARES*	THE	AGGREGATE AMOUNT IN ROW (11) EXCLUDES CE	RTAIN	I	
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13	DERCENT OF C	TASS	REPRESENTED BY AMOUNT IN ROW (11)			
13		LASS	REFRESENTED BI AMOUNT IN NOW (II)			
	14.1%					
14	TYPE OF REPO	RTING	PERSON*			
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1	NAME OF REPO CICA Policyh S.S. or I.R. N/A	older				
2			IATE BOX IF A MEMBER OF A GROUP*			[] [X]
3	SEC USE ONLY					
4	SOURCE OF FU	NDS				

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5			CLOSURE OF LEGAL PROCEEDINGS IS REQUIRED 3 2(d) OR 2(e)	[]				
6	CITIZENSHI	P OR PI	LACE OF ORGANIZATION					
	British Vi	rgin Is	slands					
NUMBE!		7	SOLE VOTING POWER					
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			0					
		9	SOLE DISPOSITIVE POWER					
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		10	SHARED DISPOSITIVE POWER					
			5,131,689					
11	AGGREGATE 2	AMOUNT	BENEFICIALLY OWNED BY EACH REPORTING PE	RSON				
12	CHECK BOX :	IF THE	AGGREGATE AMOUNT IN ROW (11) EXCLUDES C	ERTAIN				
13	PERCENT OF	CLASS	REPRESENTED BY AMOUNT IN ROW (11)					
	12.7%							
14	TYPE OF RE	PORTING	G PERSON*					
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			SCHEDULE 13D					
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	NAME OF REPORTING PERSONS CICA Associates Trust S.S. or I.R.S. IDENTIFICATION NO. OF ABOVE PERSONS N/A								
2	CHECK THE A	PPROPI			[] [X]				
3	SEC USE ONL	Y							
4	SOURCE OF FUNDS								
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5	CHECK BOX IF DISCLOSURE OF LEGAL PROCEEDINGS IS REQUIRED PURSUANT TO ITEMS 2(d) OR 2(e)								
6	CITIZENSHIP	OR Pl	LACE OF ORGANIZATION						
	British Vir	gin Is	slands						
SHARE	S	7	SOLE VOTING POWER						
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EACH REPOR'		8	SHARED VOTING POWER						
PERSO	N WITH		0						
		9	SOLE DISPOSITIVE POWER						
			0						
		10	SHARED DISPOSITIVE POWER						
			570 , 362 						
11	AGGREGATE A	MOUNT	BENEFICIALLY OWNED BY EACH REPORTING PERSON						
	570,362								
12	CHECK BOX I SHARES*	F THE	AGGREGATE AMOUNT IN ROW (11) EXCLUDES CERTAIN		[]				

13	PERCENT	OF	CLASS	REPRESENTED	ВҮ	AMOUNT	IN	ROW	(11)		
	1.4%										
14	TYPE OF	RE:	PORTIN	G PERSON*							
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This Amendment ("Amendment No. 4") is being jointly filed by each of the following persons pursuant to Rule 13d-1(k) of the Securities and Exchange Commission (the "Commission") pursuant to Section 13 of the Securities Exchange Act of 1934, as amended (the "Exchange Act"): (1) Galindo, Arias & Lopez, a partnership organized under the laws of the Republic of Panama ("GA&L"), (2) Gala Management Services, Inc., a corporation organized under the laws of the Republic of Panama ("Gala Management"), (3) GAMASE Insureds Trust, a trust established under the laws of the Republic of Panama ("GAMASE Insureds Trust"), (4) GAMASE Agents Trust, a trust established under the laws of the Republic of Panama ("GAMASE Agents Trust"), (5) Regal Trust (BVI) Ltd., a corporation organized under the laws of the British Virgin Islands ("Regal"), (6) CICA Policyholders Trust, a trust established under the laws of the British Virgin Islands ("Regal Policyholders Trust"), and (7) CICA Associates Trust, a trust established under the laws of the British Virgin Islands ("Regal Associates Trust", together with GA&L, Gala Management, GAMASE Insureds Trust, GAMASE Agents Trust, Regal and Regal Policyholders Trust, collectively, the "Reporting Persons" and each, a "Reporting Person").

This Amendment No. 4 amends the Schedule 13D originally filed by the Reporting Persons with the Commission on October 11, 2005 (the "Original Schedule 13D"), Amendment No. 1 to the Original Schedule 13D originally filed by the Reporting Persons with the Commission on February 24, 2006 ("Amendment No. 1"), Amendment No. 2 to the Original Schedule 13D originally filed by the Reporting Persons with the Commission on May 4, 2006 ("Amendment No. 2") and Amendment No. 3 to the Original Schedule 13D originally filed by the Reporting Persons with the Commission on September 1, 2006. The Original Schedule 13D, Amendment No. 1, Amendment No. 2 and Amendment No. 3 are collectively referred to as the "Schedule 13D."

All terms used but not defined in this Amendment No. 4 are as defined in the Schedule 13D. The summary descriptions (if any) contained herein of certain agreements and documents are qualified in their entirety by reference to the complete text of such agreements and documents filed as Exhibits hereto or incorporated herein by reference.

Item 4 of the Schedule 13D is amended and supplemented as follows:

Item 4. Purpose of the Transaction

The Trustees are processing the delivery of shares of Common Stock to certain settlors of the Trusts who had directed that their participation in the Trusts be liquidated.

Item 5 of the Schedule 13D is amended and supplemented as follows:

Item 5. Interest in Securities of the Issuer

(a) The Reporting Persons may be deemed to be a group as defined in Rule 13d-5(b) under the Exchange Act and, as such a group, may be deemed to beneficially own an aggregate of 14,584,680 shares of the Common Stock, which constitute approximately 36.2% of the outstanding shares of the Common Stock, based on 40,264,448 shares of the Common Stock outstanding as of November 1, 2006 according to the Company's Quarterly Report on Form 10-Q for the quarterly period ended September 30, 2006, filed with the Commission on November 13, 2006, on which are based all

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of the percentages of outstanding shares of Common Stock set forth herein. The foregoing and all other amounts of beneficial ownership set forth herein are calculated pursuant to Rule 13d-3 under the Exchange Act ("Rule 13d-3").

GAMASE Insured Trust holds 8,432,799 shares of the Common Stock (constituting approximately 20.9% of the outstanding Common Stock) and may be deemed to beneficially own such shares pursuant to Rule 13d-3.

Regal Policyholders Trust holds 5,131,689 shares of the Common Stock (constituting approximately 12.7% of the outstanding Common Stock) and may be deemed to beneficially own such shares pursuant to Rule 13d-3.

GAMASE Agents Trust holds 449,830 shares of the Common Stock (constituting approximately 1.1% of the outstanding Common Stock) and may be deemed to beneficially own such shares pursuant to Rule 13d-3.

Regal Associates Trust holds 570,362 shares of the Common Stock (constituting approximately 1.4% of the outstanding Common Stock) and may be deemed to beneficially own such shares pursuant to Rule 13d-3.

Gala Management is the sole trustee of GAMASE Insureds Trust and GAMASE Agents Trust, and therefore may be deemed to beneficially own 8,882,629 shares of the Common Stock (constituting approximately 22% of the outstanding Common Stock) pursuant to Rule 13d-3.

Regal is the sole trustee of Regal Policyholders Trust and Regal Associates Trust, and therefore may be deemed to beneficially own5,702,051 shares of the Common Stock (constituting approximately 14.1% of the outstanding Common Stock) pursuant to Rule 13d-3.

GA&L owns a 100% interest in each of Gala Management and Regal, and therefore may be deemed to beneficially own $14,584,680 \, \mathrm{shares}$ (constituting approximately 36.2% of the outstanding Common Stock) pursuant to Rule 13d-3.

(c) The following not-for-value transfers in Common Stock were effected by the Reporting Persons over the past 60 days:

Reporting Person	Date	Number of Shares
GAMASE Agents Trust	October 11, 2006	17,847
Regal Associates Trust	October 11, 2006	12,031
GAMASE Insureds Trust	October 11, 2006	167,220
Regal Policyholders Trust	October 11, 2006	140,097
GAMASE Insureds Trust	October 24, 2006	113,707
Regal Policyholders Trust	October 24, 2006	55 , 800
GAMASE Insureds Trust	November 13, 2006	165,981
Regal Policyholders Trust	November 13, 2006	36,964

In the foregoing transfers, which were made upon the request of settlors, the trustees delivered shares of the Common Stock to such settlors to the extent of their respective liquidations

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of their participation in the Trusts. As noted, each transfer of shares was made without consideration.

Item 7 of the Schedule 13D is amended and supplemented as follows:

Item 7. Material to be filed as Exhibits

Exhibit 7. Powers of Attorney.

SIGNATURES

After reasonable inquiry and to the best of my knowledge and belief, I certify that the information set forth in this statement is true, complete and correct.

December 5, 2006 GALINDO, ARIAS & LOPEZ

By: /s/ Tomas Herrera

Name: Tomas Herrera Title: Partner

By: /s/ Tomas Herrera

Name: Tomas Herrera

Name: Tomas Herrera Title: Attorney-in-fact

GALA MANAGEMENT SERVICES, INC.

GAMASE INSUREDS TRUST

By: /s/ Tomas Herrera

Name: Tomas Herrera
Title: Attorney-in-fact

REGAL TRUST (BVI) LTD.

By: /s/ Tomas Herrera

Name: Tomas Herrera Title: Attorney-in-fact

CICA POLICYHOLDERS TRUST

By: /s/ Tomas Herrera

Name: Tomas Herrera
Title: Attorney-in-fact

GAMASE AGENTS TRUST

By: /s/ Tomas Herrera

Name: Tomas Herrera Title: Attorney-in-fact

CICA ASSOCIATES TRUST

By: /s/ Tomas Herrera

Name: Tomas Herrera Title: Attorney-in-fact