GRISTEDES FOODS INC Form 8-K March 22, 2004

> UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, DC 20549

> > FORM 8-K

CURRENT REPORT Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest reported): March 22, 2004

GRISTEDE'S FOODS, INC.

(Exact name of registrant as specified in its chapter)

Delaware	1-7013	13-1829183
(State or other jurisdiction of incorporation	(Commission File Number)	(IRS Employer Identification No.)
823 Eleventh Avenue, New York, New York		10019
(Address of principal executive offices)		(Zip Code)
Desistment le telenhene number, including anes code, (212) OEC E002		

Registrant's telephone number, including area code: (212) 956-5803

N/A

(Former name or former address, if changed since last report)

Item 7 - Financial Statements, Pro Forma Financial Information and Exhibits

(c) Exhibits

Exhibit No. Description

99.1 Press Release of Gristede's Foods, Inc., dated March 18, 2004, announcing delay in filing 2003 Annual Report

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

	GRISTEDE'S FOODS, INC.
Date: March 22, 2004	/s/ John Catsimatidis
	John Catsimatidis

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Chairman and Chief Executive Officer

EXHIBIT INDEX

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