MITCHELL MARTHA M

Form 4

December 04, 2009

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number:

response...

3235-0287

0.5

Check this box if no longer

subject to

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

January 31, Expires: 2005 Estimated average burden hours per

OMB APPROVAL

Section 16. Form 4 or

Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

Stock

(Print or Type Responses)

1. Name and Address of Reporting Person * MITCHELL MARTHA M			2. Issuer Name and Ticker or Trading Symbol						5. Relationship of Reporting Person(s) to Issuer			
			CRACKER BARREL OLD COUNTRY STORE, INC [CBRL]						(Check all applicable)			
(Last)	(First) (M	iddle)	3. Date of Earliest Transaction (Month/Day/Year)					X Director Officer (giv below)		6 Owner er (specify		
305 HARTMAN DR.			12/02/2009						below)	Delow)		
	4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line)					
LEBANON, TN 37087								_X_ Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(State) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned											
1.Title of Security	2. Transaction Date (Month/Day/Year)		ned n Date, if	3. Transact		4. Securit		r	5. Amount of Securities	6. Ownership Form: Direct	7. Nature of Indirect	
(Instr. 3) Executive any			ii Date, ii	Code	onAcquired (A) or Disposed of (D)			Beneficially	(D) or	Beneficial		
, ,		(Month/I	Day/Year)	(Instr. 8)		(Instr. 3,			Owned Following	Indirect (I) (Instr. 4)	Ownership (Instr. 4)	
							(A) or		Reported Transaction(s) (Instr. 3 and 4)			
				Code V	V	Amount	(D)	Price	(moure and i)			
Common	12/02/2009			A		2,273	A	\$0	13,437	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of **SEC 1474** information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

(1)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)			ate	7. Title Amoun Under	int of lying ities	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene
	Derivative Security				Securities Acquired			(Instr.	3 and 4)		Owne Follo
					(A) or Disposed						Repo Trans
					of (D) (Instr. 3, 4, and 5)						(Instr
					4, and 3)				Amount		
						Date Exercisable	Expiration Date	Title	or Number of		
				Code V	(A) (D)				Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer Othe				
MITCHELL MARTHA M							
305 HARTMAN DR.	X						
LEBANON, TN 37087							

Signatures

Martha M. Mitchell by Forrest Shoaf, Attorney-in-fact

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents annual equity award made to directors pursuant to the Company's 2002 Omnibus Incentive Compensation Plan. Shares cliff vest on December 2, 2012.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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