WOODHOUSE MICHAEL A

Form 4 March 09, 2012

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB 3235-0287

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Check this box if no longer subject to Section 16. Form 4 or

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Form 5 Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * WOODHOUSE MICHAEL A			2. Issuer Name and Ticker or Trading Symbol CRACKER BARREL OLD COUNTRY STORE, INC [CBRL]				Iss	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last)	(First)	(Middle)	(Month	of Earliest Transaction /Day/Year)				X Director 10% Owner Officer (give title Other (specify below) below)			
305 HART	MANN DR		03/07/2012					, ,			
	(Street)	Street) 4. If Amendment, Date Original Filed(Month/Day/Year)			Ap	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person					
LEBANO	N, TN 37087						Pe	Form filed by Morrson	re than One Rep	orting	
(City)	(State)	(Zip)	Tal	ble I - Non	-Derivative	Secur	ities Acquir	ed, Disposed of, o	or Beneficiall	y Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		Date, if	3. Transactic Code (Instr. 8)	4. Securities or Disposed of (Instr. 3, 4	f (D)		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common				Code V		(D)	Price				
Stock	03/07/2012			M	81,517	A	\$ 40.05	395,086.69	D		
Common Stock	03/07/2012			S	81,517	D	\$ 55.0227	313,569.69	D		
Common Stock	03/07/2012			M	2,500	A	\$ 40	316,069.69	D		
Common Stock	03/07/2012			S	2,500	D	\$ 55.0227	313,569.69	D		
	03/07/2012			M	16,245	A	\$ 31.58	329,814.69	D		

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Common Stock 03/07/2012 S 16,245 D \$ 55.0227 313,569.69 D Common Stock 03/08/2012 M 55,074 A \$ 31.58 368,643.69 D Common Stock 03/08/2012 S 55,074 D \$ 55.0238 313,569.69 D Common Stock 03/08/2012 M 128,505 A \$ 27.02 442,074.69 D Common Stock 03/08/2012 S 128,505 D \$ 55.0238 313,569.69 D	Common Stock							
Stock 03/08/2012 M 55,074 A \$ 31.58 368,643.69 D Common Stock 03/08/2012 S 55,074 D \$ 55.0238 313,569.69 D Common Stock 03/08/2012 M 128,505 A \$ 27.02 442,074.69 D Common Stock 03/08/2012 S 128,505 D 55.0238 313,569.69 D		03/07/2012	S	16,245	D	55.0227	313,569.69	D
Common Stock 03/08/2012 S 55,074 D 55.0238 (1) 313,569.69 D D Common Stock 03/08/2012 M 128,505 A \$ 27.02 442,074.69 D D Common Stock 03/08/2012 S 128,505 D D 55.0238 313,569.69 D		03/08/2012	M	55,074	A	\$ 31.58	368,643.69	D
Stock 03/08/2012 M 128,505 A \$ 27.02 442,074.69 D Common Stock 03/08/2012 S 128,505 D 55.0238 313,569.69 D		03/08/2012	S	55,074	D	55.0238	313,569.69	D
Common 03/08/2012 S 128,505 D 55.0238 313,569.69 D		03/08/2012	M	128,505	A	\$ 27.02	442,074.69	D
		03/08/2012	S	128,505	D	55.0238	313,569.69	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	orDeriv Secur Acqu Dispo		6. Date Exer Expiration D (Month/Day/	ate	7. Title and 2 Underlying 3 (Instr. 3 and	Securities
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount of Number of Shares
Stock Options (right to buy)	\$ 40.05	03/07/2012		M		81,517 (2)	<u>(4)</u>	09/19/2017	Common Stock	81,517
Stock Options (right to buy)	\$ 31.58	03/07/2012		M		16,245 (2)	(3)	09/10/2019	Common Stock	16,245
Stock Options (right to buy)	\$ 40	03/07/2012		M		2,500 (2)	<u>(5)</u>	09/21/2016	Common Stock	2,500

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Stock Options (right to buy)	\$ 31.58	03/08/2012	M	55,074 (2)	(3)	09/10/2019	Common Stock	55,074
Stock Options (right to buy)	\$ 27.02	03/08/2012	M	128,505 (2)	<u>(6)</u>	09/25/2018	Common Stock	128,505

Reporting Owners

Reporting Owner Name / Address

Director 10% Owner Officer Other

WOODHOUSE MICHAEL A
305 HARTMANN DR X
LEBANON, TN 37087

Signatures

Michael A. Woodhouse by Lawrence E. Hyatt, Attorney-in-fact

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations, See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
 - Represents the weighted average sale price for the transaction reported. Sales prices ranged from \$55.00 per share to \$55.19 per share.

03/09/2012

- (1) The reporting person undertakes to provide upon request by the Commission staff, the issuer, or a security holder of the issuer, full information regarding the number of shares sold at each separate price.
- (2) The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on February 22, 2012.
- (3) This option grant was granted on September 10, 2009 and vests over three years in equal installments on September 10, 2010, 2011 and 2012, respectively.
- (4) This option grant was granted on September 19, 2007 and vested over three years in equal installments on September 19, 2008, 2009 and 2010, respectively.
- (5) This option grant was granted on September 21, 2006 and vested over three years in equal installments on September 21, 2007, 2008 and 2009, respectively.
- (6) This option grant was granted on September 25, 2008 and vested over three years in equal installments on September 25, 2009, 2010 and 2011, respectively.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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