MusclePharm Corp Form 4 November 14, 2016

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

OMB APPROVAL OMB

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SECURITIES

obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * Drexler Ryan Charles

2. Issuer Name and Ticker or Trading Symbol

5. Relationship of Reporting Person(s) to

Issuer

(Last)

(First) (Middle) 3. Date of Earliest Transaction

MusclePharm Corp [MSLP]

_X__ Director X 10% Owner

(Check all applicable)

(Month/Day/Year) 11/10/2016

X_ Officer (give title Other (specify below)

Executive Chairman

C/O MUSCLEPHARM CORPORATION, 4721 IRONTON STREET, BUILDING A

(Street)

4. If Amendment, Date Original

6. Individual or Joint/Group Filing(Check

Applicable Line)

Filed(Month/Day/Year)

X Form filed by One Reporting Person Form filed by More than One Reporting

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

DENVER, CO 80239

Security

(Instr. 3)

(State) (Zip) (City) 1. Title of 2. Transaction Date 2A. Deemed

3. 4. Securities (Month/Day/Year) Execution Date, if TransactionAcquired (A) or Code Disposed of (D) (Instr. 3, 4 and 5)

(Instr. 8)

5. Amount of 6. Ownership Securities Form: Direct Beneficially (D) or Indirect Beneficial Owned (I) (Instr. 4)

Following Reported Transaction(s)

or (Instr. 3 and 4)

Code V Amount (D) Price

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

(A)

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative

Conversion

3. Transaction Date 3A. Deemed

(Month/Day/Year)

(Month/Day/Year) Execution Date, if

5. Number of TransactionDerivative

6. Date Exercisable and **Expiration Date**

7. Title and Amou Underlying Securi

7. Nature of

Ownership (Instr. 4)

Indirect

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(Instr. 3)	Price of Derivative Security		any (Month/Day/Year)	(Instr. 8	3)	Acquired (A) Disposed of (Instr. 3, 4, and	D)	(Month/Day/	Year)	(Instr. 3 and	4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amo Num Shar
Convertible Promissory Note	\$ 1.83	11/10/2016		J		6,010,929		<u>(1)</u>	11/08/2017	Common Stock	6,0

Reporting Owners

Drexler

**Signature of Reporting

Reporting Owner Name / Address	Relationships						
reporting 6 wher runte / runtess	Director	10% Owner	Officer	Other			
Drexler Ryan Charles C/O MUSCLEPHARM CORPORATION 4721 IRONTON STREET, BUILDING A DENVER, CO 80239	X	X	Executive Chairman				
Signatures							
/s/ Ryan Charles 11/14/2016							

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

Date

- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
 - On November 8, 2016, Mr. Drexler entered into a convertible secured promissory note agreement (the "2016 Convertible Note") with the Company, pursuant to which, on November 10, 2016, Mr. Drexler loaned the Company \$11.0 million. Mr. Drexler may elect to convert
- (1) all or any portion of the convertible amount into shares of the Company's common stock at any time for \$1.83 per share at any time (estimated to be approximately 6,010,929 shares as of the date of this Form 4). Both the principal and the interest under the 2016 Convertible Note are due in November 2017, unless converted earlier.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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