## Edgar Filing: Shoaf Forrest - Form 4

Shoaf Forres Form 4 August 03, 2 <b>FORN</b> Check th if no lon, subject to Section 1 Form 4 c Form 5 obligatio may com <i>See</i> Instr 1(b).	2009 <b>A 4</b> UNITED S dis box ger o STATEM 16. or Filed pur Section 17(a)	<b>IENT OI</b> suant to S a) of the l	Was F CHAN Section 14 Public Ut	Shington, GES IN SECUR 6(a) of the	D.C. 20 BENEF ITIES e Securit ling Con	<b>549</b> ICIA ties E	L OW	COMMISSION NERSHIP OF e Act of 1934, f 1935 or Section 0	OMB Number: Expires: Estimated a burden hou response	rs per	
1. Name and A	Address of Reporting 1	ss of Reporting Person <sup>*</sup> 2. Issuer Name <b>and</b> Ticker or Trading 5. 1					5. Relationship of Reporting Person(s) to				
Shoaf Forrest			2. Issuer Name and Ticker of Trading Symbol CRACKER BARREL OLD COUNTRY STORE, INC [CBRL]					(Check all applicable)			
(Last) (First) (Middle) 305 HARTMANN DRIVE			3. Date of Earliest Transaction (Month/Day/Year) 07/30/2009					Director 10% Owner X Officer (give title Other (specify below) below) Chief Legal Officer			
			4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person			
LEBANON	, TN 37087								Iore than One Re		
(City)	(State)	(Zip)	Tabl	e I - Non-D	erivative	Secur	ities Acq	uired, Disposed of	, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execution any	1			d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)			
Common				Code V	Amount 6,775		Price	(Instr. 3 and 4)			
Stock	07/30/2009			А	<u>(1)</u>	А	\$0	52,352	D		
Common Stock	08/01/2009			А	100	А	\$0	52,452	D		
Common Stock	07/31/2009			F	1,368 (2)	D	\$ 28.86	51,084	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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#### number.

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. ofNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	7. Titl Amou Under Securi (Instr.	int of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owne Follo Repo Trans (Instr
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

## **Reporting Owners**

<b>Reporting Owner Name / Addr</b>	ess	Relationships							
	Director	10% Owner	Officer	Other					
Shoaf Forrest 305 HARTMANN DRIVE LEBANON, TN 37087			Chief Legal Officer						
Signatures									
Forrest Shoaf	08/03/2009								
<u>**</u> Signature of	Date								

### Reporting Person Explanation of Responses:

- \* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) 1,694 of these shares vest on July 30, 2010; 1,694 vest on July 30, 2011; and the remaining 3,387 vest on July 30, 2012.
- (2) Represents shares deducted to satisfy federal income tax withholding obligations on receipt of award disclosed on line 2 of Table 1 and on the vesting of a previously reported award.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.