

RYANAIR HOLDINGS PLC  
Form 6-K  
August 01, 2013

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 6-K

Report of Foreign Private Issuer

Pursuant to Rule 13a-16 or 15d-16  
of the Securities Exchange Act of 1934

For the month of August 2013

RYANAIR HOLDINGS PLC  
(Translation of registrant's name into English)

c/o Ryanair Ltd Corporate Head Office  
Dublin Airport  
County Dublin Ireland  
(Address of principal executive offices)

Indicate by check mark whether the registrant files or will file annual  
reports under cover Form 20-F or Form 40-F.

Form 20-F..X.. Form 40-F.....

Indicate by check mark whether the registrant by furnishing the information  
contained in this Form is also thereby furnishing the information to the  
Commission pursuant to Rule 12g3-2(b) under the Securities Exchange  
Act of 1934.

Yes ..... No ..X..

If "Yes" is marked, indicate below the file number assigned to the registrant  
in connection with Rule 12g3-2(b): 82- \_\_\_\_\_

1 August 2013, Thursday

RYANAIR HOLDINGS PLC  
Ryanair Holdings PLC ("the Company")  
1 August 2013

The Company announced the appointment of R.A. (Dick) Milliken to its Board of Directors on 26 July 2013.

The Company hereby makes the following additional disclosures in respect of Mr. Milliken in compliance with Rule 6.6.7 (1) to (6) of the Listing Rules of the Irish Stock Exchange.

Mr. Milliken held a directorship in Gartmore Irish Growth Investment Trust PLC during the past five years. He is no longer a director at Gartmore.

The Company hereby confirms that Mr. Milliken has no further disclosures to make in accordance with Rule 6.6.7 (1) to (6) of the Listing Rules of the Irish Stock Exchange.

Contact:

Juliusz Komorek  
Company Secretary  
Tel: 00 3531 812 1212

#### SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned, hereunto duly authorized.

RYANAIR HOLDINGS PLC

Date: 01 August, 2013

By: \_\_\_/s/ Juliusz Komorek \_\_\_

Juliusz Komorek  
Company Secretary