Edgar Filing: Elmore Samuel L - Form 4

Form 4 October 11, 201											
FORM	4 UNITED S						GE C	OMMISSION		PROVAL 3235-0287	
Check this b if no longer subject to Section 16. Form 4 or Form 5 obligations may continu <i>See</i> Instructi 1(b).	STATEMI Filed pursu e. Section 17(a) on	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940							Expires:January 31 2005Estimated average burden hours per response0.5		
			2. issuer raune and riener of ridding					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) P. O. BOX 989		(Mo	ate of Earlies nth/Day/Year 10/2017		action			X Director Officer (give below)	title 10% below)	Owner er (specify	
	(Street) 4. If Amend Filed(Month			dment, Date Original n/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person			
BLUEFIELD,									fore than One Re		
(City)	(State) (Z	Zip)	Table I - No	n-Deri	vative Se	curiti	es Acqu	uired, Disposed of	, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Dat (Month/Day/Year)		ate, if Trai Cod		4. Securi nAcquired Disposed (Instr. 3,	(A) o of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
COMMON STOCK	10/10/2017		Cod		Amount 40	(D) A	Price \$ 0	(Instr. 3 and 4) 5,095	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactie Code (Instr. 8)	5. of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
STOCK OPTION	\$ 13.94					12/31/2001 <u>(1)</u>	(2)	COMMON STOCK	433
STOCK OPTION	\$ 24.65					12/31/2002(1)	(2)	COMMON STOCK	865
STOCK OPTION	\$ 29.15					12/31/2003(1)	(2)	COMMON STOCK	1,297
STOCK OPTION	\$ 12.07					12/19/2011	12/19/2021	COMMON STOCK	4,907

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
Elmore Samuel L P. O. BOX 989 BLUEFIELD, VA 24605	Х						
Signatures							

Samuel L. Elmore by: Sarah W. Harmon (His Attorney-in-Fact)

**Signature of Reporting Person

Date

10/11/2017

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Stock options vest and become exercisable in seven equal annual installments beginning with the date listed.
- Stock options are exercisable until 5 years after retirement at or after age 62, disability or death. If employment is terminated other than(2) by retirement at or after 62, disability or death vested options must be exercised within 90 days after the effective date of termination. Any option not exercised within such period shall be deemed cancelled.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.