#### COWAN KENDALL W

Form 4

January 05, 2005

## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

Estimated average

burden hours per

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Expires: January 31, 2005

0.5

**OMB APPROVAL** 

Form 4 or Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

response...

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * COWAN KENDALL W			2. Issuer Name and Ticker or Trading Symbol ALAMOSA HOLDINGS INC [APCS]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
(Last) 5225 S LOOP	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 01/03/2005	Director 10% Owner Scheme Other (specify below) Chief Financial Officer		
	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person		
LUBBOCK, T	ΓX 79424			Form filed by More than One Reporting Person		

#### (City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 1.Title of 2. Transaction Date 2A. Deemed 3. 4. Securities Acquired (A) or 5. Amount of 7. Nature of Security (Month/Day/Year) Execution Date, if TransactionDisposed of (D) Securities Ownership Indirect (Instr. 3) (Instr. 3, 4 and 5) Code Beneficially Form: Beneficial (Month/Day/Year) (Instr. 8) Owned Direct (D) Ownership Following or Indirect (Instr. 4) Reported (A) Transaction(s) (Instr. 4) or (Instr. 3 and 4) Code V Amount (D) Price Common $M_{\underline{-}1}^{(1)}$ 01/03/2005 200,000 A \$ 0.376 465,959 D Stock Common 01/03/2005 $M^{(1)}$ 150,000 \$ 3.52 D Α 615,959 Stock Common 01/03/2005 $M^{(1)}$ \$ 4.01 7,500 Α D 623,459 Stock Common $S^{(1)}$ 01/03/2005 357,500 D 265,959 D Stock Common 01/04/2005 $M^{(1)}$ 55,000 \$ 4.01 320,959 D A Stock

### Edgar Filing: COWAN KENDALL W - Form 4

Common Stock	01/04/2005	M(1)	25,000	A	\$ 5.58	345,959	D
Common Stock	01/04/2005	S <u>(1)</u>	80,000	D	\$ 12.075	265,959	D
Common Stock	01/05/2005	M(1)	50,000	A	\$ 5.58	315,959	D
Common Stock	01/05/2005	S(1)	50,000	D	\$ 12.154	265,959	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	onDeri Secu Acqu Disp	umber of vative rities nired (A) or osed of (D) r. 3, 4, and	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amour Numbe Shares
Employee Stock Option (right to buy)	\$ 0.376	01/03/2005		M <u>(1)</u>		100,000	10/01/2004	10/01/2012	Common Stock	100,0
Employee Stock Option (right to buy)	\$ 0.376	01/03/2005		M <u>(1)</u>		100,000	11/01/2004	10/01/2012	Common Stock	100,0
Employee Stock Option (right to buy)	\$ 3.52	01/03/2005		M <u>(1)</u>		150,000	10/01/2003	10/01/2013	Common Stock	150,0
Employee Stock Option (right to buy)	\$ 4.01	01/03/2005		M <u>(1)</u>		7,500	07/01/2004	01/01/2014	Common Stock	7,50

#### Edgar Filing: COWAN KENDALL W - Form 4

Employee Stock Option (right to buy)	\$ 4.01	01/04/2005	M <u>(1)</u>	55,000	07/01/2004	01/01/2014	Common Stock	55,00
Employee Stock Option (right to buy)	\$ 5.58	01/04/2005	M <u>(1)</u>	25,000	08/02/2004	02/01/2014	Common Stock	25,00
Employee Stock Option (right to buy)	\$ 5.58	01/05/2005	M <u>(1)</u>	50,000	08/02/2004	02/01/2014	Common Stock	50,00

# **Reporting Owners**

Reporting Owner Name / Address	Keiationsinps				
	Director	10% Owner	Officer	Other	

COWAN KENDALL W 5225 S LOOP 289 LUBBOCK, TX 79424

Chief Financial Officer

# **Signatures**

Kendall Cowan 01/05/2005

\*\*Signature of Reporting Person Date

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on May 25, 2004.
- (2) In addition, Reporting Person indirectly beneficially owns options to purchase 1,455,000 shares of common stock which have an exercise price of \$17.00, an expiration date of January 5, 2009 and various vesting dates.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Owners 3