		Luguri	inig. n									
	STER MICHAEL	В										
Form 4 January 12	2005											
January 12, 2005 FORM 4 UNITED STATES SECURITIES AND EXCHANCE COMMISSION ONE												
	UNITED S	STATES					NGE CO	OMMISSION	OMB Number:	3235-0287		
Check t	his box	Washington, D.C. 20549										
if no long subject to Section 1 Form 4 or	to STATEM 16.									January 31, 2005 average rs per 0.5		
Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940												
(Print or Type	Responses)											
	Address of Reporting F ISTER MICHAEL	В	Symbol	er Name an NA INC	d Ticker or [HUM]	[.] Tradi	0	5. Relationship of I Issuer				
(Last)	(First) (N	liddle)	3. Date c	of Earliest 7	Transaction			(Check all applicable)				
HUMANA STREET	onth/Day/Year)_X_ Director11/2005_X_ Officer (gi below)					e title 00% Owner below) esident & CEO						
					6. Individual or Joint/Group Filing(Check							
LOUISVII	LE, KY 40202		Filed(Mo	nth/Day/Yea	ar)			Applicable Line) _X_ Form filed by Or Form filed by Mo				
		(7 .)						Person				
(City)	(State) ((Zip)	Tab	le I - Non-	Derivative	Secu	rities Acqu	ired, Disposed of,	or Beneficiall	y Owned		
1.Title of Security (Instr. 3)	ecurity (Month/Day/Year) Execution Date, if			3. 4. Securities Acquired (A) Transactionor Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) (A) or				5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
				Code V	Amount	(D)	Price	(Instr. 3 and 4)				
Humana Common	01/11/2005			М	29,240	А	\$ 15.5938	329,029	D			
Humana Common (1)	01/11/2005			F	5,034	D	\$ 30.785	5 323,995	D			
Humana Common (1)	01/11/2005			F	15,181	D	\$ 30.03	5 308,814	D			
Humana Common								1,480	Ι	See Footnote		

$\frac{(1)}{\text{Humana}}$ Common $\frac{(1)}{(1)}$						38,393	I	$\frac{(2)}{\text{See}}$ Footnote $\frac{(3)}{(3)}$	
(1) (5) Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number. SEC 1474 (9-02)									
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)									
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactie Code (Instr. 8)	TransactiorDerivative Expiration I Code Securities (Month/Day		te	and 7. Title and Amount or Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Options (4)	\$ 15.5938	01/11/2005		М	29,240	09/17/1999	01/12/2005	Humana Common	29,240
Options (4)	\$ 15.625					(5)	07/11/2006	Humana Common $\underline{(1)}$	135,000
Options (4)	\$ 15.5938					(6)	01/09/2007	Humana Common	18,340
Options (4)	\$ 15.5938					(7)	07/10/2007	Humana Common	30,480
Options (4)	\$ 15.5938					(8)	01/15/2008	Humana Common	34,800
Options (4)	\$ 19.25					<u>(9)</u>	01/15/2009	Humana Common	30,000
Options (4)	\$ 7.4688					(10)	11/18/2009	Humana Common	100,000
	\$ 6.9063					(11)	02/11/2010		500,000

Options (4)				Humana Common (1)	
Options (4)	\$ 12.995	(12)	03/13/2012	Humana Common	50,000
Options (4)	\$ 9.26	(13)	03/13/2013	Humana Common	200,000
Options (14)	\$ 21.275	(15)	02/24/2014	Humana Common (1)	200,000
Phantom Stock Units	<u>(16)</u>	(16)	(16)	Humana Common (1)	1,156

Reporting Owners

Reporting Owner Name / Addres	s	Relationships						
	Director	10% Owner	Officer	Other				
MCCALLISTER MICHAEL HUMANA INC. 500 WEST MAIN STREET LOUISVILLE, KY 40202	B X		President & CEO					
Signatures								
Michael B. McCallister 01	1/12/2005							

**Signature of Date
 Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Each share of Common Stock contains a Right adopted on March 5, 1987, pursuant to the Company Rights Agreement, as amended and restated on February 14, 1996, and amended as of May 27, 1998 and March 1, 1999, which entitles holders of the Company's Common

- (1) Testated on reordary 14, 1990, and anchede as of Way 27, 1998 and Water 1, 1999, which entries noteers of the company's common Stock, in the event certain specified events occur, to acquire 1/100 of a share of Series A Participating Preferred Stock at a price of \$145 per fractional share.
- (2) Shares held in a trust for the benefit of reporting person's minor children.
- (3) Shares held for the benefit of reporting person as of December 31, 2004 under the Humana Retirement & Savings Plan, including a routine disposition of shares to fund an administrative fee assessment under a Tax-Conditioned Plan, both exempt under Rule 16b-3(c).
- (4) Right to buy pursuant to Company's 1996 Stock Incentive Plan for Employees.
- (5) Non-qualified stock options granted to reporting person on 7/11/96 vesting in three increments from 7/11/97 to 7/11/99.
- (6) Non-qualified stock options granted to reporting person on 9/17/98 vesting in two increments on 9/17/99 and 1/9/00.
- (7) Non-qualified stock options granted to reporting person on 9/17/98 vesting in two increments on 9/17/99 and 7/10/00.

Reporting Owners

- (8) Incentive and Non-qualified stock options granted to reporting person on 9/17/98 vesting in three increments each from 9/17/99 to 1/15/01.
- (9) Incentive and Non-qualified stock options granted to reporting person on 1/15/99 vesting in three increments from 1/15/00 to 1/15/02.
- (10) Non-qualified stock options granted to reporting person on 11/18/99 vesting in three increments from 11/18/00 to 11/18/02.
- (11) Incentive and Non-qualified stock options granted to reporting person on 2/11/00, NQ options vesting in three increments from 2/11/01 to 2/11/03, and ISO's vesting on 2/11/03.
- (12) Incentive and Non-qualified stock options granted to reporting person on 3/13/02, NQ options vesting in three increments from 3/13/03 to 3/13/05, ISO's vesting in two increments on 3/13/04 and 3/13/05.
- (13) Incentive and Non-qualified stock options granted to reporting person on 3/13/03, NQ options vesting in three increments from 3/13/04 to 3/13/06, and ISO's vesting on 3/13/06.
- (14) Right to buy pursuant to Company's 2003 Stock Incentive Plan.
- (15) Incentive and Non-qualified stock options granted to reporting person on 2/24/04, NQ options vesting in three increments from 2/24/05 to 2/24/07, and ISO's vesting on 2/24/07.
- (16) Phantom Stock Units held for the benefit of reporting person as of December 31, 2004, based on the value of Humana common stock on a 1-for-1 basis, under the Humana Excess Plan exempt under Rule 16b-3(c and d).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.