

MILLS STEVEN RICHARD
 Form 4
 February 22, 2006

FORM 4

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549**

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
MILLS STEVEN RICHARD

2. Issuer Name and Ticker or Trading Symbol
ARCHER DANIELS MIDLAND CO [ADM]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)
4666 FARIES PARKWAY
 (Street)

3. Date of Earliest Transaction (Month/Day/Year)
02/22/2006

____ Director _____ 10% Owner
 Officer (give title below) _____ Other (specify below)
Group V.P. & Controller

DECATUR, IL 62526

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership: Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount (A) or (D) Price		
Common Stock	02/22/2006		M		315 A \$ 13.6871	D	
Common Stock	02/22/2006		M		474 A \$ 13.5246	D	
Common Stock	02/22/2006		M		13,125 A \$ 12.5333	D	
Common Stock	02/22/2006		S		13,600 D \$ 31.14	D	
Common Stock	02/22/2006		S		314 D \$ 31.17	D	

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Common Stock	25,914.7506 <u>(1)</u>	I	By Employee Benefit Plan
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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	Amount or Number of Shares	
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title	
Employee Stock Option (right to buy)	\$ 13.6871	02/22/2006		M	315	<u>(2)</u> 04/17/2007	Common Stock	315	
Employee Stock Option (right to buy)	\$ 13.5246	02/22/2006		M	474	<u>(3)</u> 05/03/2009	Common Stock	474	
Employee Stock Option (right to buy)	\$ 12.5333	02/22/2006		M	13,125	<u>(4)</u> 08/02/2006	Common Stock	13,125	

Reporting Owners

Reporting Owner Name / Address	Relationships
MILLS STEVEN RICHARD 4666 FARIES PARKWAY	Director 10% Owner Officer Group V.P. & Controller

DECATUR, IL 62526

Signatures

Stuart E. Funderburg, Attorney-in-Fact for Steven R.
Mills

02/22/2006

__Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
 - ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Between December 28, 2005 and February 22, 2006, the reporting person acquired 59.2603 shares of ADM Common Stock pursuant to an employee benefit plan. The information in this report is based on a plan statement dated February 22, 2006.
 - (2) The option becomes exercisable in approximately 11.1% increments annually commencing on April 17, 1998.
 - (3) The option becomes exercisable in approximately 11.1% increments annually commencing on May 3, 2000.
 - (4) The option became exercisable in 25% increments annually commencing on August 2, 2002.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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