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RAINVILLI Form 4	E WILLIAM A									
June 15, 200)6									
FORM		S SECURITIES		СПА	NCEC	OMMERION		PPROVAL		
	UNITED STAT	SECURITIES Washingtoi			NGE U	UNINISSIUN	OMB Number:	3235-0287		
Check th if no lon	ner.	OF CHANGES IN	J DENIFE		LOW	NEDSHID OF	Expires:	January 31, 2005		
subject t Section	0		RITIES	VERSIII OF	Estimated a burden hou					
Form 4 o Form 5	Section $16(a)$ of t	f(a) of the Securities Exchange Act of 1024					0.5			
Form 5 obligations may continue. Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section										
See Instr	207	n) of the Investmer	nt Compai	ny Ac	t of 194	0				
1(b).										
(Print or Type)	Responses)									
	Address of Reporting Person *	2. Issuer Name ar	nd Ticker or	Tradii	ng	f Reporting Person(s) to				
KAINVILL	E WILLIAM A	Symbol KADANT INC	[KAI]			Issuer				
(Last)	(First) (Middle)	3. Date of Earliest	Transaction				k all applicable	:)		
KADANT	INC., ONE ACTON	(Month/Day/Year) 06/13/2006	-				X Director 10% Owner X Officer (give title Other (specify			
PLACE, SU						below) Chief E	below) Executive Offic	er		
		ndment, Date Original			6. Individual or Joint/Group Filing(Check					
	Filed(Month/Day/Ye	_X_ Form filed by On								
ACTON, M	IA 01720					Form filed by M Person	ore than One Re	porting		
(City)	(State) (Zip)	Table I - Non-	-Derivative	Secur	ities Acq	uired, Disposed of	, or Beneficial	ly Owned		
1.Title of Security	2. Transaction Date 2A. De (Month/Day/Year) Execut		4. Secur tion(A) or D			5. Amount of Securities	6. Ownership Form: Direct			
(Instr. 3)	any	Code h/Day/Year) (Instr. 8	(Instr. 3,			Beneficially Owned	(D) or Indirect (I)	Beneficial		
	(1410)111	(Instr. o	(fisu: 8)				(Instr. 4)	(Instr. 4)		
				(A) or		Reported Transaction(s)				
Common			V Amount	(D)	Price \$	(Instr. 3 and 4)				
Stock	06/13/2006	М	76	А	ф 12.89	74,662	D			
Common	06/13/2006	S	76	D	\$	74,586	D			
Stock					21.18					
Common Stock	06/13/2006	М	150	А	ه 12.89	74,736	D			
Common Stock	06/13/2006	S	150	D	\$ 21.16	74,586	D			
Common Stock	06/13/2006	М	1,126	А	\$ 12.89	75,712	D			

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Common Stock	06/13/2006	S	1,126	D	\$ 21.15	74,586	D
Common Stock	06/13/2006	М	76	Α	\$ 12.89	74,662	D
Common Stock	06/13/2006	S	76	D	\$ 21.13	74,586	D
Common Stock	06/13/2006	М	526	А	\$ 12.89	75,112	D
Common Stock	06/13/2006	S	526	D	\$ 21.12	74,586	D
Common Stock	06/13/2006	М	150	А	\$ 12.89	74,736	D
Common Stock	06/13/2006	S	150	D	\$ 21.11	74,586	D
Common Stock	06/13/2006	М	2,276	А	\$ 12.89	77,362	D
Common Stock	06/13/2006	S	2,776	D	\$ 21.1	74,586	D
Common Stock	06/13/2006	М	826	А	\$ 12.89	75,412	D
Common Stock	06/13/2006	S	826	D	\$ 21.09	74,586	D
Common Stock	06/13/2006	М	508	A	\$ 12.89	75,094	D
Common Stock	06/13/2006	S	508	D	\$ 21.08	74,586	D
Common Stock	06/13/2006	М	76	А	\$ 12.89	74,662	D
Common Stock	06/13/2006	S	76	D	\$ 21.07	74,586	D
Common Stock	06/13/2006	М	150	A	\$ 12.89	74,736	D
Common Stock	06/13/2006	S	150	D	\$ 21.06	74,586	D
Common Stock	06/13/2006	М	300	A	\$ 12.89	74,886	D
Common Stock	06/13/2006	S	300	D	\$ 21.05	74,586	D
Common Stock	06/13/2006	М	150	А	\$ 12.89	74,736	D
	06/13/2006	S	150	D		74,586	D

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Common Stock					\$ 21.04		
Common Stock	06/13/2006	М	1,800	А	\$ 12.89	76,386	D
Common Stock	06/13/2006	S	1,800	D	\$ 21.03	74,586	D
Common Stock	06/13/2006	М	150	А	\$ 12.89	74,736	D
Common Stock	06/13/2006	S	150	D	\$ 21.02	74,586	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number on f Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (Right To Buy)	\$ 12.89	06/13/2006		М	8,840	11/28/1994	11/28/2006	Common Stock	8,840

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
RAINVILLE WILLIAM A KADANT INC. ONE ACTON PLACE, SUITE 202 ACTON, MA 01720	Х		Chief Executive Officer					

Signatures

by Sandra L. Lambert for William A. Rainville

06/15/2006

**Signature of Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Remarks:

THE TRANSACTIONS REPORTED ON THIS FORM 4 WERE EXECUTED PURSUANT TO A RULE 10b5-1 TRADING

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.