

EXTENDICARE INC /CAN/  
Form 6-K  
August 04, 2004

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**SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549**

**FORM 6-K**

**Report of Foreign Issuer**

Pursuant to Rule 13a-16 or 15d-16 of  
the Securities Exchange Act of 1934

For August 3, 2004

**EXTENDICARE INC.**

*(Translation of registrant's name into English)*

**3000 Steeles Avenue East  
Markham, Ontario, Canada L3R 9W2**

*(Address of principal executive offices)*

Indicate by check mark whether the registrant files or will file annual reports under cover Form 20-F or Form 40-F.

Form 20-F  Form 40-F

Indicate by check mark whether the registrant by furnishing the information contained in this Form is also thereby furnishing the information to the Commission pursuant to Rule 12g3-2(b) under the Securities Exchange Act of 1934.

Yes  No

If  Yes is marked, indicate below the file number assigned to the registrant in connection with Rule 12g3-2(b): N/A

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**EXHIBIT INDEX**

<b>Exhibit Number</b>	<b>Description of Exhibit</b>
99.1	News Release dated August 3, 2004    Extendicare Inc. Announces Appointment of Dr. Charles Roadman to Board of Directors
99.2	News Release dated August 3, 2004    Extendicare Announces Management Change As Mark Durishan, CFO to Retire; Richard Bertrand SVP Development to Takeover As New CFO
99.3	News Release dated August 3, 2004    Extendicare Inc. Continues Strong Performance In 2004 Second Quarter

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**SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

**EXTENDICARE INC.**

Date: August 3, 2004

By: /s/ MARK W. DURISHAN  
Mark W. Durishan  
Vice-President, Finance and  
Chief Financial Officer