

ABLEST INC
Form 8-K
March 03, 2006

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SIGNATURE

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Item 2.02. Results of Operations and Financial Condition

On March 2, 2006, Ablest Inc. issued a press release announcing financial results for the year and quarter ended December 25, 2005. A copy of the press release is furnished as Exhibit 99.1 to this report.

The information in this Item 2.02 shall not be deemed filed for the purposes of Section 18 of the Securities Exchange Act of 1934, as amended, or otherwise subject to the liabilities of that section. The information in this Item 2.02 shall not be incorporated by reference into any registration statement or other document pursuant to the Securities Act of 1933, except as shall be expressly set forth by specific reference in such filing.

Item 9.01 Financial Statements and Exhibits

(c) Exhibits

99.1 Press Release dated March 2, 2006 issued by Ablest Inc.

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SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Ablest Inc.

March 2, 2006

By: */s/ Charles H. Heist*

Charles H. Heist,
Chairman, Chief Financial Officer,
and Treasurer

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EXHIBIT LIST

The following exhibit is filed herewith.

Exhibit No. Description

99.1 Press Release dated March 2, 2006 issued by Ablest Inc.

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